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ARE LOCKER ROOMS THE LAST CLOSET?

WHY PEOPLE STILL AREN'T COMING OUT ON COMMUNITY LEAGUE SPORTS TEAMS

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Ontario to screen for 'Bubble Boy disease'

Severe Combined Immunodeficiency can be treated if caught early enough

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A question of values

Never mind the turban ban in kids' soccer — the Parti Québécois' 'Quebec Values' law would prohibit all religious symbols in public buildings

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NO BOY BANDS

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LOVE AND LIGHT AT PRIDE

Love and Light Circus performer Alwynne Ling boogied down to some dubstep beats as she hula-hooped her way into the hearts of picnickers at the Capital Pride Festival's Pride Picnic in the Park on Tuesday. GRAHAM LANKTREE/METRO

Anti-canine poison-pen probe back on

Watch out for the wieners. Threatening letters sent to Orleans dog owners raise fear of poisoned hotdogs being scattered on ground

JOE LOFARO
joe.lofaro@metronews.ca

Some Orleans residents say they'll be more vigilant when walking their dogs after receiving anonymous threatening letters.

Joe Forcellini said a couple of weeks ago he received a photocopied letter addressed to residents of the Chaperal development asking them to clean up after their dogs. But attached to his note was a sticky, handwritten note with a threatening message.

"It said, 'This is your final warning. Weiners will be the last and final step,'" said Forcellini.

"That's a threat that I received. I was upset."

The letter has him concerned about his Maltese, which he walks around the neighbourhood. In the past, someone scattered morsels of hotdogs, which could have been tainted with poison, on sidewalks in the area, according to Forcellini.

He said he's worried the warning letters could signal it might happen again.

"You gotta look over your shoulder," he said, adding the author of the letters should speak to residents in person rather than writing threats.

Ottawa police said they investigated the letters on Saturday, but closed the case the same day.

On Tuesday, police spokesman Const. Marc Soucy said investigators reopened the investigation, but he would not say why.

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Howard Richmond

Soldier charged with murder makes court appearance

A Canadian soldier accused of first-degree murder in the death of his 28-year-old wife, Melissa Richmond, made a brief court appearance by video link Tuesday at the Ottawa courthouse.

An unshaven Howard Richmond, 50, spoke briefly with his legal counsel before the court scheduled his next appearance for Sept. 27. Defence lawyer Joseph Addelman said he is awaiting more disclosure from the Crown attorney before he can submit a bail application for his client.

Richmond's body was found in a ravine in South Keys July 28 after her husband reported her missing four days earlier.

JOE LOFARO/METRO

We're No. 1!

Scorecard ranks Ottawa No. 1 city in technology, talent, tolerance

A new scorecard from the University of Toronto rates Ottawa ahead of New York, London and Copenhagen.

Breaking down how 61 cities rank when it comes to economic development through talent, technology and tolerance, along with a measure of the "quality of place," the scorecard picked out Ottawa for top spot overall.

The score flies in the face of the inaugural Boring Awards vote for Ottawa as the most boring city in Canada this May.

GRAHAM LANKTREE/METRO

OC Transpo to tackle safety

OC Transpo will address concerns about rider safety at a transit commission meeting on Wednesday, nearly two weeks after a woman reported being sexually assaulted by four men while waiting for an early-morning bus at Blair Station.

An interview request to OC Transpo about safety concerns was declined on Tuesday. In an emailed response, a spokeswoman for the city's corporate communications department said the matter would be discussed on Wednesday.

"In response to your interview request, please note that tomorrow's meeting of the transit commission will include a discussion about safety issues, and you will have an opportunity to ask questions to staff following the meeting," wrote Marielle Picher.

A discussion about safety issues appears nowhere on Wednesday's transit commission agenda, however, meaning it will likely come as part of a verbal update from either Coun. Diane Deans, who chairs the committee, or OC Transpo general manager John Manconi. The fact that transit safety will be discussed at all does not appear to have been advertised to the general public.

The verbal updates are typically brief affairs, highlighting accomplishments since the previous meeting, detailing work-related trips to conferences and the like.

OC Transpo is in the midst of preparing a "10-point safety plan" to address concerns — especially assault and sexual assault — that have been brought to the fore by advocates over the past year.

The Blair Station attack on Aug. 11 was one of more than 70 reported sexual assaults near transit stations or on OC Transpo buses since 2008. According to Ottawa Police Services, there have been 11 sexual assaults between Jan. 1 and June 3 this year.

ALEX BOUTILIER/METRO

Ontario to screen for 'Bubble Boy disease'

SCID. Starting Aug. 12, Children's Hospital of Eastern Ontario will screen all newborns for the ailment

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Disease screening for infants born in Ontario will now involve looking for a dangerous illness that, if not caught quickly, can leave them in a self-contained sterile environment for life.

"Because these diseases are individually so rare, they are often not recognized until it's too late," said Dr. Pranesh Chakraborty, director of newborn screening in Ontario at the Children's Hospital of Eastern Ontario.

"Of the 140,000 babies born in Ontario each year, about 200 will receive early treatment because of screening," he said as he announced that starting Aug. 12, the hospital began screening all newborns for Severe Combined Immunodeficiency (SCID) — a disease once known as "Bubble Boy disease."

Those born with it do not have an immune system and develop deadly infections easily. Dr. Chakraborty said he believes the screening will save five to 10 babies in Ontario every year.

Lori Peters knows all about SCID's devastating effects. Her infant daughter Brooklyn died after doctors struggled to diagnose her when she came down with a bout of the common cold at three months of age. When Brooklyn remained ill two weeks later, they began to puzzle over the cause of her illness. By the time a blood test revealed it was SCID, it was too late.

Ethan Peters, who was screened and treated for SCID as an infant, speaks with Ontario Minister of Health and Long-Term Care Deb Matthews as she announces all Ontario infants will be tested for the disease. GRAHAM LANKTREE/METRO

"Brooklyn died of SCID because there was no screening for the disorder," said Peters. Her now eight-year-old son Ethan, born a few years after Brooklyn, was screened, diagnosed and treated for SCID with a bone marrow transplant within months.

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Seniors. Status of physiotherapy unclear as legal battle continues

Ontario's health minister assured Ottawa seniors Tuesday that physiotherapy will continue in retirement homes after changes to how the care is delivered were held up in court last month.

"It's not terribly clear what has happened," said 77-year-old Bill Van Rooy, who enjoys exercise classes at the New Edinburgh Square residence where he lives.

Van Rooy expected classes would be scrapped at the beginning of August, after the province laid out plans to move all physiotherapy out of the hands of private Designated Physiotherapy Clinics (DPC), which were billing OHIP, to Community Care Access Centres (CCAS). The plan was that CCASs would offer treatments in-house and organize programs to deliver care throughout the region.

Private DPCs launched legal action on July 25, just days before the new plan was to take effect. This stalled the switch to the new program. A panel of judges will consider on Wednesday whether the province followed proper process and provided consultation in rolling out the new program.

"We've got two parallel systems going on right now. It's not ideal," said Ontario's Minister of Health and Long-Term Care Deb Matthews. "Further complication to the transition is that the Designated Physiotherapy Clinics Association have challenged us in court on the process."

GRAHAM LANKTREE/METRO

Go cool off

Gatineau beaches stay open late as heat wave hits city

As a heat wave descends on the National Capital Region, Gatineau is opting to keep its beaches open longer.

Ottawa Public Health issued a heat advisory for both Tuesday and Wednesday, with temperatures expected to reach 31 degrees C on Wednesday.

Gatineau beaches will remain open from 11 a.m. to 7 p.m. through Friday. Ottawa beaches will remain unsupervised. Summer schedules also remain in effect until the Labour Day weekend at Ottawa pools.

ALEX BOUTILIER/METRO

Booking system issue

OC Transpo to hold consultation on Para Transpo

OC Transpo's management has set a one-day consultation for the controversial seven-day booking system for Para Transpo users.

Para Transpo users concerned about the move to a seven-day system have been invited to Ottawa City Hall on Thursday, Sept. 5 to offer their opinions.

OC Transpo first floated the idea back in June, but punted the decision down the road after customers raised concerns about having to plan for all of life's contingencies seven days in advance.

ALEX BOUTILIER/METRO

A truck blocks a railway track during the blockade against CN's plans to demolish a rail line near Portage-du-Fort in Quebec. FACEBOOK

Fight for rail line heading to court

Pontiac vs. CN. Quebec region desperate to keep track put up roadblock when CN started taking it out, things have cooled off for now

A dispute between a Quebec municipality and Canadian National Railway Company over the demolition of a rail line has been temporarily derailed pending a court appearance scheduled for Oct. 10 and 11.

MRC Pontiac has been protesting CN's decision to remove the Beachburg Sub train track, which is the only line that connects the municipality to industry and to larger urban centres.

"We, as a regional county passed an interim control by-law which controls the use of land and that permits us to tell them not to remove the railroad," said Michael McCrank, Warden of MRC Pontiac. CN disputes the city's authority over the track. McCrank said that a week ago CN started to dismantle the railroad in the town's sector, which prompted MRC Pontiac to set up a road block in hopes of stopping CN in their tracks.

"We have agreed to suspend track removal until the next court appearance," said Jim Feeny, spokesperson for CN. "In return the municipality has agreed to remove its vehicles from our property."

The line, which runs from Pembroke, Ont., through Quebec and into Ottawa has been out of commission for years after it was bought by CN from Ottawa Central Railroad in 2008.

Soon after the purchase, CN decided to begin what they call, "rail line discontinuance," a process in which they remove train tracks that aren't profitable anymore.

"If this rail system is gone there will be little or no opportunity for any industry to establish in our territory," said McCrank. "It's critical for this thing to stay here until we get something going better on the economy front." HELEN PIKE/FOR METRO

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Silver linings playbook: Will a day come when a player's sexuality won't get in the way of their game? ISTOCK IMAGES

When basketball player Jason Collins came out early this year, he renewed the debate about whether openly gay players are welcome in the arena of professional sports. While others came before him — like David Kopay, Martina Navratilova, Ian Roberts, Mark Tewksbury, Gareth Thomas and Robbie Rogers — will locker rooms be the last closet?

A level playing field?

Team Tolerance. Metro brought together a diverse group of athletes for a round table discussion on sports and sexuality

JENNIFER MELO
Metro Canada

Lela Kouyoumdjian and Dave Doucette.
ROUNDTABLE PHOTOS BY DAVID VAN DYKE / METRO

More than 45 years after Pierre Elliott Trudeau declared the state had no business in the bedrooms of the nation, 21 years after Canada allowed gays and lesbians to serve openly in our military, and more than a decade since same-sex marriage has been legal across the country, Canadians may think we'd finally be able to stamp "paid" to the gay/lesbian/queer rights debate.

Sadly, we have yet to smash a significant barrier — the right for Canada's LGBT community to play community-league sports without the fear of literal and metaphorical locker room lockouts.

Dave Doucette, 41, played hockey until he was 16. He vividly remembers hearing gay slurs, disparaging remarks about women and talk that made him feel like an outcast. "'F—ing faggots' and similar comments came out in the dressing room and you're like, 'Oh God. I think I'm one of those.'"

Ana Oliveira

Add the usual team pack mentality, where aggression and adrenaline are considered performance enhancing "drugs" and it's easy to see how homophobia can run rampant.

Eric Demarbre, 34, admits he was one of the bullies, picking on others when he played high school hockey. Even though he knew he was gay, he "didn't show it," alluding to stereotypical gay male behaviours. While Demarbre victimized others, he too suffered. "I never felt any feeling worse in my life than that. Like go-home-and-cry bad," he explained. "You're pretending to be one of them, and you're debasing yourself in that process just so you can fit in."

The women in our group tell me the experience is different in women's sports. Their sexuality didn't keep them from playing the sports they love.

But they didn't get off scot-free either. "My team and I went to Montreal for a tournament and we stayed overnight," remembers Ana Oliveira, a 34-year-old soccer player from Brampton, Ont. "A couple of the girls said they didn't want

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Dave Doucette and round table facilitator Jennifer Melo.

to stay with me in the room because they didn't want me to touch them inappropriately. I said, 'Don't flatter yourself. You're not my type.'"

Oliveira, who was supported by friends, family, coaches and teachers since she came out as a lesbian at the age of 17, said the experience was unexpected. "I was surprised at the comment, but I didn't let it get to me," she said. "They're ignorant and it was my job to just stop it there." On the field, the incident was forgotten. "We played. We were focused. We just wanted to play," Oliveira said.

Receiving an unwanted sexual advance in the locker room is perhaps the greatest unspoken fear in mixed (gay and heterosexual) teams. "I'm pretty sure it's the only thing that anyone's really worried about," Demarbre said.

But straight guys should stop worrying, says Doucette. "I play on an all-gay hockey team," he says. "We're in the showers with a bunch of gay guys and nothing's happening so…"

Only one of our group came out while playing on a mixed (queer and straight) sports team. What would it have taken for the others to do so? "A miracle!" says Doucette. "Because of everything that's being said in that room, there was no way I was going to ostracize myself."

Change is happening, though. There is support for the LGBT community with organizations like Outsport Toronto and programs like the You Can Play Project, encouraging LGBT

J.D. Muir

Eric Demarbre

athletes to keep competing. And if teachers, coaches, family and friends of the LGBT community work together, maybe there will come a time when an NBA player's public declaration of homosexuality won't be a big deal.

But according to this group, that time is not now.

"I'd like to believe that no one's going to care if every gay athlete came out, but that's not necessarily the case," says J.D. Muir, 29, who's played on men's hockey, rugby and football teams. Muir talks about how we define sports as a culture. "They're aggressive. They're war games," he explains. And the language used in sports, he says, includes homophobic slurs and pressure to be strong, powerful and non-submissive.

Strong role models can help. "You hear about kids being bullied and beat up and ostracized, so to have someone to look up to is really important," says Lela Kouyoumdjian, 38, who plays for the Toronto Soccer Association and Pink Turf soccer league.

Today, Jason Collins is the only major league athlete to come out while still in the game. "I think there's a lot of paving still to be done," Kouyoumdjian says. "When someone like Collins comes out, it's very courageous; it's very brave. And we need more people to do that."

We can all make a difference, however, and we can start by choosing our words with care. "It's words like lame and retarded and gay," says Doucette. We can work on "eradicating these words that people fluff off and don't consider as damaging — except by the people they're being thrown at."

Who's it gonna be?

"I actually think it's going to be a grassroots kid who changes the professional sports world. It's gonna be some kid who's just amazing at his sport and it'll be like, 'Oh, he's gay.' And then nobody's gonna be able to say anything about it."

Eric Demarbre
On whether or not professional athletes will change the future for players on grassroots levels.

'I never in my life felt bad for being gay'

Don't hate, just skate. She's an accomplished and respected hockey player, a two-time Olympic gold medallist, and, she's a lesbian. Find out what makes Sarah Vaillancourt a role model for women both in and outside of the LGBT community.

Sarah Vaillancourt, Tessa Bonhomme and Rebecca Johnston of Canada celebrate with their gold medals following their team's 2-0 victory against team USA at the Vancouver 2010 Winter Olympics. BRUCE BENNETT / GETTY IMAGES

JENNIFER MELO
Metro Canada

The 28-year-old retired from Canada's national women's hockey team a month ago, after undergoing years of hip and hernia surgeries from sport-related injuries. Today, Sarah Vaillancourt, from Sherbrooke, Que., continues to follow her heart, coaching teen athletes, pursuing a master's degree with a goal to becoming an ESL teacher and building a house with her girlfriend.

In this exclusive interview, Vaillancourt shares her thoughts on living proud.

What do you think of NBA player Jason Collins' decision to come out publicly?
It's really brave and if more athletes had the courage to do it, it would become something so normal that we wouldn't even have to say it out loud.

Why do you think so few pro athletes come out?
A lot of athletes are afraid to be seen differently. And they want to be known more for their athletic performances than their sexual orientation.

Sending out a message

As we celebrate Pride Week 2013, what's one message you'd like to share with the LGBT community?

- "Be proud of who you are as a person — your values, your sexual orientation, your beliefs, everything — just be proud of who you are and follow your heart."

Do you think sponsorship and endorsement opportunities would increase or decrease after coming out?
Unfortunately, I think they'd decrease. But I strongly hope and wish that at some point, it doesn't matter … you get sponsorships for the person and the athlete that you are, regardless of your sexual orientation.

What was behind your decision to come out publicly?
To help people suffer less and give them strength.

When I was at Harvard University someone committed suicide, another person tried to, and I later heard that they were homosexuals. Something like that rings a bell in your head. If I can help people come out and be who they want to be — and be who they are — if I can save one or two lives, that goes a long way.

Have you ever experienced homophobia?
No, never. I've been really lucky. I don't think I allow people to be homophobes around me either, so…

How do you do that?
Stand up for yourself. Be proud of who you are. And know that you're not alone.

Did you have any lesbian role models in sports?
Not in sports, but in my family. Two uncles and one aunt are gay. Even in that generation, they always brought their significant others with them to Christmas parties. Ever since I was born they had the same partners and still do today … my aunt is almost 70. They're not athletes, but they're amazing role models for me and for my family. My grandpa and grandma were really ahead of their time. I give them a lot of credit. It had a really positive impact on me too. I never in my life felt bad for being gay.

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On the right track

Roberta Cowell

Race car driver, former Second World War pilot and parent of two, Roberta Cowell, now 95, was born Robert Marshall Cowell.

Growing up with signs of hermaphroditism, Cowell had feminine qualities such as wide hips, narrow shoulders and undeveloped but apparent breasts. "I had always known that my body had certain feminine characteristics," she wrote in an autobiography titled Roberta Cowell's Story, published in 1954. Cowell gained notoriety as the first known British transsexual to have sex reassignment surgery. Cowell, now known as Roberta, was Robert until the age of 33. PHOTO: HANDOUT

Game changer

Justin Fashanu

The world's first professional soccer player to publicly come out as gay, Justin Fashanu's story turned tragic in 1998 when he committed suicide. "You have to understand that footballers are very narrow-minded people," the former Norwich City forward said in one interview. "It's the nature of the business. When you put yourself in the firing line, you are open to attack. I know I'm there to be shot down in flames."

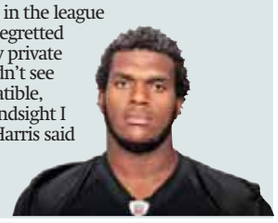
At the time of his death in May 1998, he was charged with sexual assault and the accuser was a 17-year-old boy from Maryland. In a suicide note, Fashanu said the sexual relations were consensual, and believed he wouldn't get a fair trial because of his homosexuality. PHOTO: ALLSPORT UK /ALLSPORT

Tackling the tough issues

Kwame Harris

Jamaican-born former NFL player Kwame Harris, 31, was publicly outed in January following a highly publicized fight and legal battle with his ex-boyfriend Dimitri Geier. The former offensive lineman played for the San Francisco 49ers and the Oakland Raiders for six seasons. Harris described his conflict over whether or not to come out while he was in the league as "turmoil" and "despair" and regretted his decision to keep his sexuality private during his time in the NFL. "I didn't see those two things as being compatible, but now when I look back, in hindsight I could have done it differently," Harris said in a CNN interview.

PHOTO: GETTY IMAGES



Putting bigotry on ice

Angela James

Toronto-born Angela James, 48, is one of the first two women inducted into the international Hockey Hall of Fame, a seven-time gold medal winner, a top performer for Team Canada and "the Wayne Gretzky of women's hockey." She's also a lesbian, a wife and a mother. James was inducted into Canada's Sports Hall of Fame in 2009, an occasion where she publicly acknowledged the roles of her partner, Ange, and their three children in her life. In an interview with Xtra!, James explained the significance of the event. "Until then, no openly gay athlete had ever been inducted into one of the major North American sports halls of fame. In fact, no current or former NHL player has ever come out." PHOTO: GETTY IMAGES

Kick-starting some compassion

Alan Gendreau

Alan Gendreau, 23, became the first publicly gay athlete to enter the NFL draft in 2012. Out since he was 16, Gendreau had supportive teammates both during his high school football years in Apopka, Fla., and in his college football years at Middle Tennessee State. But not everyone was accepting of his sexual orientation. Gendreau was asked to leave when he brought a boyfriend to a church event. "It was like my family telling me I wasn't allowed to come home," the devout Christian said in an interview with Outsports, a website that provides resources and a community for gay athletes. "I'm a kicker that happens to be gay," Gendreau said in an interview with the New York Times.

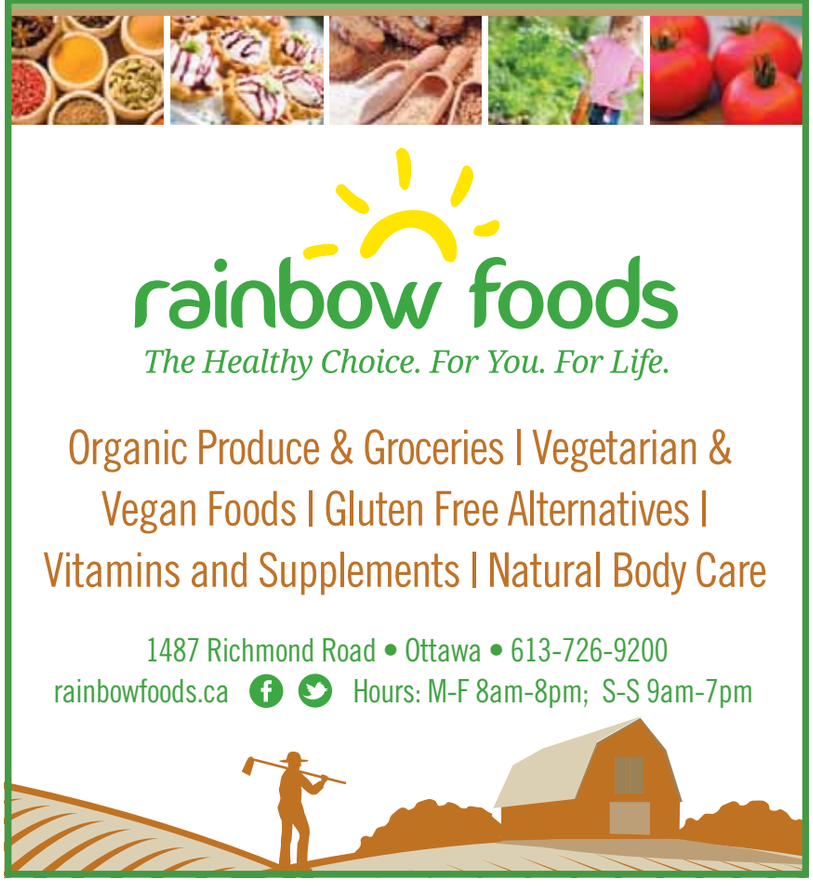
PHOTO: GOBLUERAIDERS.COM

Fight for your right

Orlando Cruz

Ranked No. 4 featherweight by the World Boxing Organization, Orlando Cruz, 31, became the first active professional boxer to publicly come out on Oct. 4, 2012, declaring in a statement, "I have always been and always will be a proud gay man."

In an interview with The Associated Press, the former Olympic athlete for team Puerto Rico said, "I developed physically and mentally to take such a big step in my life and in my profession … knowing that it would have pros and cons, highs and lows, in this sport that is so macho. I kept this hidden for many, many years." Cruz recently got enaged to his boyfriend. PHOTO: GETTY IMAGES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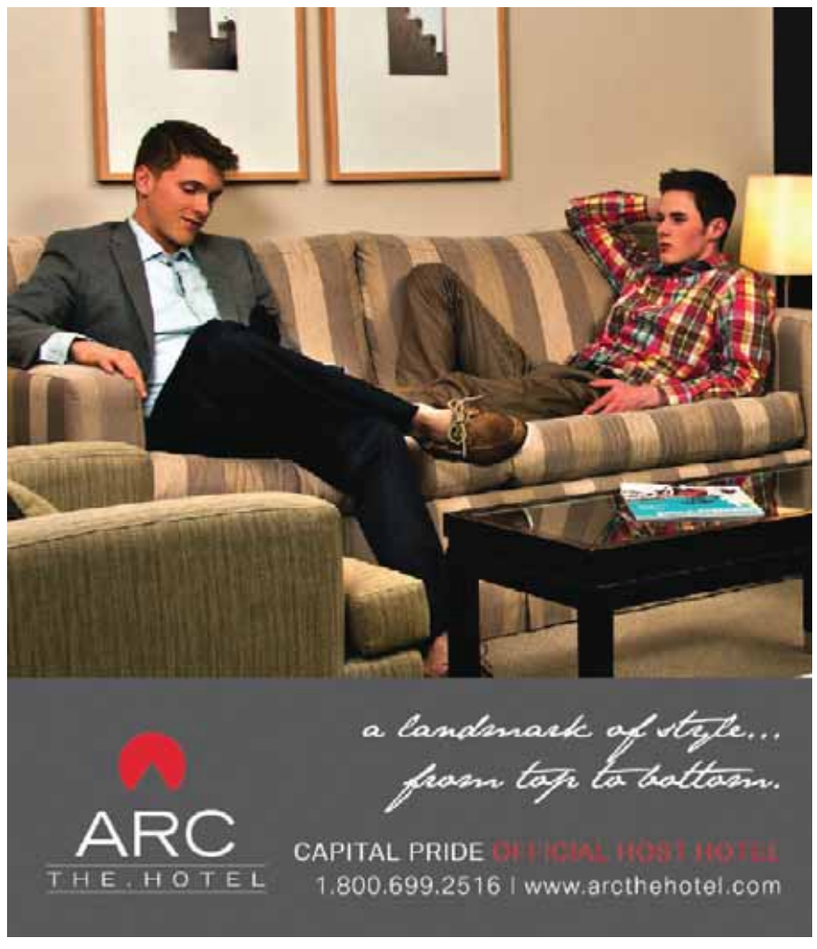

Ninety Pounds of Ugly perform at Zaphod Beeblebrox during an episode shoot of The Revue, a new web TV show being produced in Ottawa. CONTRIBUTED

The Revue is in and it's on your computer

Web TV. Show hosts hope to create virtual hub for Ottawa's local indie music scene

HELEN PIKE
ottawa@metronews.ca

Ottawa's newest lo-fi music show hopes to become a hub for indie performers and audiences alike. Make way for the Revue, a video-web series featuring local talent.

Kevin McGowan, co-founder of the Revue, said the laid back show, being shot at Zaphod Beeblebrox, will give local fans in-depth profiles of Ottawa musicians in 20-30 minute episodes with live intimate performances and interviews.

"It is essentially kind of our version of an online talk show," said McGowan. "A small niche of local music and arts culture, with a touch of people from outside of town, but mostly locals."

McGowan connected with Steven Fouchard, a local musician and videographer, to help him with the 15-episode season.

Mission

"I think we'd like this to be kind of a hub of the local arts cultural community."
Kevin McGowan, co-founder of the Revue

Fouchard, who is the show's one and only crew member, was excited to be a part of the Revue because he said it shines a light on unknown artists who don't usually get their 15 minutes of fame in mainstream media.

The Revue is a video-only show, but McGowan also hopes to release extra audio and video material alongside the main show, including a comic book and a series he calls "the vintage vinyl feature."

"I think we'd like this to be kind of a hub of the local arts cultural community and certainly not just music, we'd like to go beyond that," said McGowan.

"We kind of started with what we knew really well and we might spread it out from there."

Upgrades Mosaika to our ears

The National Capital Commission is planning more than $3 million in upgrades to the popular Mosaika sound and light show on Parliament Hill, according to documents released Tuesday by the agency.

"Technically, the new show must be leading-edge and capable of delivering a high-impact presentation made up of vibrant and emotionally stirring content as well as awe-inspiring special effects," read the documents.

The NCC is also looking for a new artistic team to spearhead Mosaika through the 2015-2019 seasons. The team, in conjunction with the NCC and other government departments, will develop two new content "capsules" — one for 2016 and another for Canada's 150th anniversary in 2017.

According to the NCC documents, the 2016 capsule will add a 30-second to one-minute piece highlighting the milestones in 2016 — "for example, the Union of the Two Canadas and the partnership of Robert Baldwin and Sir Louis-Hippolyte Lafontaine." The 2017 segment will be considerably longer — a five to eight minute piece celebrating Canada's 150th anniversary.

According to the NCC, average nightly attendance for the 35-minute bilingual presentation is between 4,500 and 5,000 people, the majority of whom are Canadians. An additional 23 per cent of the crowd is comprised of non-Canadian tourists.

The parliament buildings blaze with light during a showing of the NCC's Mosaika light show. COURTESY NCC

Mosaika cost $2.65 million to produce, and is the fifth edition of the sound and light show on Parliament Hill.

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Officer accused of murder granted bail within hours

T.O. streetcar shooting. Bond set at half-million dollars, constable must stay within the province

JESSICA SMITH
Metro in Toronto

Const. James Forcillo was granted bail Tuesday afternoon, without spending a night in jail.

Forcillo turned himself in that morning and walked out of Superior Court at about 3 p.m., as his lawyer Peter Brauti and president of the Toronto Police Association Mike McCormack led him through the crush of media to a waiting SUV.

Brauti told reporters it is unusual for bail to be set so quickly in a murder case but said the case itself is unusual because his client was on-duty.

"This is a case where Mr. Forcillo didn't ask to be at the foot of that streetcar. He was on-duty and had a legal obligation to be there. We'll have a trial about whether his decisions were right or wrong," said Brauti.

Brauti said he's yet to receive full disclosure from the Crown about the evidence, but what he has received shows the case is different than what's been in the media. He would not elaborate.

Forcillo's bail hearing was over in about 15 minutes. All of the conditions of his release were not read out loud, but Brauti said they include four sureties who will be responsible for Forcillo until his trial.

The bond was $510,000 and he is to remain within the province of Ontario, unless he receives special permission.

After a three-week investigation, the SIU charged Forcillo with second-degree murder on Monday in the death of Sammy Yatim, 18. Video appears to show Forcillo shooting at Yatim three times, at which point Yatim fell to the floor, followed by a six-second pause and then six more shots.

Toronto Const. James Forcillo leaves a court house on Tuesday after being granted bail. Forcillo has been charged with second-degree murder for the shooting of 18-year-old Sammy Yatim. NATHAN DENETTE/THE CANADIAN PRESS

Criminal Code

Definition of hate

According to Steven Penney, a law professor at the University of Alberta, hate speech must be in a public forum, meaning that a private letter wouldn't count.

In addition, hate against an "identifiable group" doesn't include people with disabilities. THE CANADIAN PRESS

Autism letter not a hate crime

A devastating letter sent to the family of a boy with autism does not meet the threshold for a hate crime, but police are considering other charges.

"Despite the hateful language used, the Crown Attorney's office has advised that the content of the letter falls below the threshold for a hate crime. However, there are other Criminal Code issues that are being considered," Durham Regional Police said in a statement Tuesday morning.

On Friday, Brenda Millson, the grandmother of 13-year-old Maxwell Begley, received a letter in the mail at her Newcastle home. The anonymous writer, who claims to live in the neighbourhood, complained about the noises the boy makes and wrote that the boy was a "hindrance to everyone."

"Do the right thing and move or euthanize him!!! Either way, we are ALL better off!!!" The letter closes, "Sincerely, one pissed off mother!"

Maxwell Begley, 13
TORSTAR NEWS SERVICE

Begley often stays overnight at his grandmother's home. His family has been devastated by the letter and is hopeful charges can be laid.

Police say they are still in the early stages of the investigation and are receiving information from the public. Police said a couple of charges might apply but weren't able to discuss charges at this point in the investigation.

TORSTAR NEWS SERVICE

Maple grief

U.S. senator plays down queries on Canuck citizenship

U.S. Sen. Ted Cruz was born in Calgary to an American mother.
DREW ANGERER/GETTY IMAGES FILE

U.S. Sen. Ted Cruz, seemingly eyeing a presidential run in 2016, calls his renunciation of Canadian citizenship no big deal, even though doubt about candidates' birthplaces has flared in recent elections.

Responding to questions Tuesday in Houston, Cruz said, "This may be the silly season in politics."

Controversy still occasionally dogs President Barack Obama despite proof he was born in Hawaii.

Cruz, a Texas Republican and tea party favourite, was born in Calgary to a Cuban father and U.S.-born mother. His mother's status has allowed him to be a citizen of both the U.S. and Canada, but he said Tuesday, "I believe it makes sense for me to be only an American."

Previous foreign-born Americans — notably Republicans John McCain and George Romney — have run for president with some mention but no serious challenges of their eligibility.

Cruz says that after moving to Texas at age four, he never made an affirmative claim to dual citizenship, and he's now promising to drop his Canadian citizenship if in fact he holds it.

THE ASSOCIATED PRESS

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In this March photo, astronaut Luca Parmitano participates in a spacesuit check at NASA's Johnson Space Center in Houston. The Italian is sharing details about nearly drowning during a spacewalk in July. LAUREN HARNETT/NASA/THE ASSOCIATED PRESS

Astronaut recalls near-drowning

Spacewalk trauma. Luca Parmitano has blogged about his near-death experience

The Italian astronaut who nearly drowned in his helmet during a spacewalk last month is sharing more details about the terrifying experience, revealing how he felt all alone and frantically tried to come up with a plan to save himself.

Luca Parmitano wrote in his online blog, posted Tuesday, that he could no longer see as the water sloshed around in his helmet outside the International Space Station.

"But worse than that, the water covers my nose — a really awful sensation that I make worse by my vain attempts to move the water by shaking my head," the former test pilot wrote. "By now, the upper part of the helmet is full of water and I can't even be sure that the next time I breathe I will fill my lungs with air and not liquid."

Parmitano, 36, wasn't sure which direction to head to reach the station's hatch. He tried to contact his partner, Christopher Cassidy, and Mission Control. Their voices grew faint, and no one could hear him.

Parmitano realized Cassidy could come get him. "But how much time do I have?" he said. That's when he remembered his safety cable and used the recoil mechanism to "pull" him back to the hatch. Parmitano said it seemed like an eternity — not just a few minutes — until he peered through "the curtain of water before my eyes" and spotted the hatch. Cassidy was close behind.

"The water is now inside my ears and I'm completely cut off," he said.

"Finally, with an unexpected wave of relief," Parmitano saw the internal door open, and the crew pulled him out and his helmet off. THE ASSOCIATED PRESS

Quoted

"I'm alone. I frantically think of a plan. It's vital that I get inside as quickly as possible."

Astronaut Luca Parmitano, on his blog

Pet monkey returned to adoptive family in Brazil

Chico the pet monkey has been returned to the only home it has ever known, police said Tuesday.

The tufted capuchin monkey gained fame earlier this month when Brazilian environmental officials seized it from the home of 71-year-old Elizete Carmona. The monkey had lived with her for nearly 40 years.

An officer with Sao Paulo state's environmental police department said the monkey was returned late Monday. He spoke on condition of anonymity.

The officer said Judge Gabriela Muller Attanasio ordered the cat-sized monkey returned to its home in Sao Carlos after police took it to a protection centre because of laws that restrict the keeping of wild animals as pets.

Environmental officers renamed the monkey Carla after discovering it was female.

"It's like a dream come true" Carmona told the Globo television network as she embraced the monkey. She said she would continue calling her pet Chico. "It was really cruel to take him away from me," she said. "He will always be my son Chico."

"The family is once again complete," she added.

The Carmona family had said that Chico was completely domesticated and might not survive the stress of separation. THE ASSOCIATED PRESS

Background

Thousands of people had signed a petition calling on officials to return Chico to Carmona.

- The removal followed warnings from authorities dating back 20 years, Carmona was quoted as saying, but the family insists it received permission to keep Chico.
- The Carmonas adopted the monkey in 1976, decades before a 1998 law that banned the acquisition and possession of wild animals.

They grow up so fast

Telescope captures dramatic moment of star birth

This is one baby picture you won't want to miss.

The ALMA telescope in Chile has captured a close-up of the glowing material spewing from a newborn star.

The stunning images show material streaming from the star at incredible speed, glowing as it plows into the surrounding gas and dust. Astronomers say the illuminated jets are spewing out faster than ever measured before.

The Herbig-Haro object COURTESY EUROPEAN SOUTHERN OBSERVATORY

The glowing mass is called a Herbig-Haro object, named after U.S. and Mexican astronomers. This one is 1,400 light-years away. THE ASSOCIATED PRESS

Sea weed

Scuba diver faces charge of smuggling pot

A 24-year-old Canadian scuba diver is facing a charge of attempting to smuggle marijuana across the St. Clair River. Border officers say they spotted the man — who appeared to be pulling a dry bag used by divers as he swam — using a remote surveillance video. Officers met the man as he was climbing up a sea wall and say they seized 3.6 kilograms of pot. THE CANADIAN PRESS

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Oklahoma. Police say boredom led U.S. teens to kill Australian man for fun

Prosecutors filed charges against three teenagers Tuesday after police said the boys randomly targeted an Australian baseball player as he jogged and shot him in the back, killing him, to avoid the boredom of an Oklahoma summer day.

Christopher Lane, 22, of Melbourne, died Friday along a tree-lined road on Duncan's well-to-do north side. Two teenagers, 15- and 16-year-olds from the gritty part of the town, were charged with first-degree murder and ordered held without bond.

A third, age 17, was accused of being an accessory after the fact and with driving a vehicle while a weapon was discharged. THE ASSOCIATED PRESS

Motive

Police Chief Dan Ford has said the boys had the simplest of motives.

- He said in a variety of interviews that the 17-year-old had told officers that they were bored and killed Lane for "the fun of it."

A memorial to Christopher Lane is shown Tuesday along the road where he was shot and killed, in Duncan, Okla. SUE OGROCKI/THE ASSOCIATED PRESS

Turbans, hijabs, kippas in Parti Québécois' crosshairs

Charter of Quebec Values. In a controversial move the PQ are set to introduce legislation restricting religious symbols in several places

Quebec has launched its next debate on minority accommodation — and this one could make the erstwhile soccer-turban ban look like a leisurely stroll on the pitch.

The government is preparing to introduce long-awaited legislation that would restrict religious symbols in numerous places.

A media report Tuesday with leaked details of the Parti Québécois government's "Charter of Quebec Values" says the proposed policy will prohibit public employees from donning Sikh, Jewish and Muslim headwear in the workplace.

It appears the PQ hopes to cash in at the ballot box by championing a position on secularism that polls have suggested has considerable support in the province.

The fiery debate that erupted over a recent ban on wearing turbans on Quebec soccer fields offered a sneak-peek of what could be in the political pipeline for the national assembly's fall session.

The turban ban was lifted by the Quebec Soccer Federation due to external pressure — but not before it made headlines around the world. Inside Quebec, Premier Pauline Marois rushed to the defence of the soccer federation and accused its detractors of Quebec-bashing.

Tuesday's newspaper report says the PQ government is set to prevent employees in public institutions like schools and hospitals from wearing religious symbols such as turbans, niqabs, kippas, hijabs and highly visible crucifixes.

The approach is being roundly condemned by civil-rights experts, including prominent lawyer Julius Grey, who expects any such legislation to face court challenges under the Charter of Rights.

THE CANADIAN PRESS

'An attitude of exclusion'

"This ... will send a message to people who don't feel comfortable here — who feel rejected in Quebec."

Charles Taylor, an academic who co-presided over Quebec's commission on the accommodation of minorities

Harshaan Ahluwalis dribbles a soccer ball during a soccer match on June 15 in Montreal. Following on the heels of the erstwhile soccer-turban ban Quebec has upped the ante, aiming to ban religious symbols in several places. THE CANADIAN PRESS

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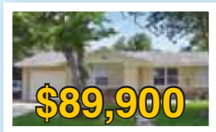
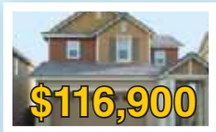
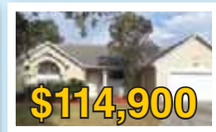


ORLANDO, FL
3 Bedrooms, 2 Bath



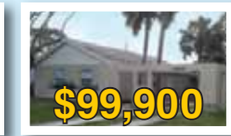
LAS VEGAS, NV
4 Bedrooms, 2 Bath



ORLANDO, FL
4 Bedrooms, 2.5 Bath

ORLANDO, FL
3 Bedrooms, 2 Bath

ORLANDO, FL
5 Bedrooms, 3 Bath



ORLANDO, FL
2 Bedrooms, 1 Bath

LAS VEGAS, NV
3 Bedrooms, 2 Bath

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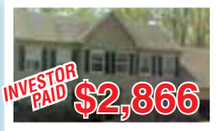
ORLANDO, FL
3 Bedrooms, 2 Bath



LAS VEGAS, NV
4 Bedrooms, 2 Bath

ORLANDO, FL
4 Bedrooms, 2.5 Bath

ORLANDO, FL
3 Bedrooms, 2 Bath

ORLANDO, FL
5 Bedrooms, 3 Bath

ORLANDO, FL
2 Bedrooms, 1 Bath

LAS VEGAS, NV
3 Bedrooms, 2 Bath

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Pakistan. Ex-president charged in 2007 murder of Benazir Bhutto

In an unprecedented ruling that tests the military's aura of inviolability, a court indicted former president and army chief Pervez Musharraf Tuesday on murder charges stemming from the 2007 assassination of ex-Prime Minister Benazir Bhutto.

Musharraf, who became a key U.S. ally in the wake of the Sept. 11, 2001, terror attacks, pleaded not guilty.

The decision by the court in Rawalpindi marked the first time a current or former army chief has been charged with a crime in the country.

Musharraf, a 70-year-old former commando who took power in a 1999 coup and stepped down from office in disgrace nearly a decade later, now faces a string of legal problems that in many ways challenge the military's sacrosanct status in Pakistani society.

The retired general was charged with murder, conspiracy to commit murder and facilitation for murder, said prosecutor Chaudhry Muhammed Azhar.

He did not detail the accusations against Musharraf, but prosecutors have alleged he failed to provide enough protection to Bhutto as she led her Pakistan People's Party in a parliamentary election that might have given her a third term as prime minister. She was killed in a gun and bomb attack at a rally in Rawalpindi, near the capital, Islamabad.

THE ASSOCIATED PRESS

Pakistan's former president and military ruler Pervez Musharraf.
THE ASSOCIATED PRESS FILE

Standing strong in support for Morsi

Supporters of Pakistani religious party Jamaat-i-Islami rallied in Karachi, Pakistan to show their support for ousted Egyptian President Mohammed Morsi Tuesday. Egypt's military-backed authorities arrested the supreme leader of the country's Muslim Brotherhood, dealing a serious blow to the Islamist group at a time when it is struggling to keep up its street protests against the ouster of Morsi in the face of a government crackdown. THE ASSOCIATED PRESS

150 to 200 pounds

An 18-foot python is seized in N.S.

An 18-foot python has been seized from a dwelling in Nova Scotia's Yarmouth County by the department of natural resources.

Monday evening, the 150- to 200-pound reticulated python was taken by conservation officers to an approved care facility, said a natural resources spokesperson.

The department said there are rules against keeping certain animals in the province as pets or to sell, and citizens should make sure they have the proper home and permits to care for them.

A spokesperson for the department said exotic pets are a serious issue because some owners let them loose when they tire of them.

The Yarmouth incident comes a few weeks after two young boys were killed in a New Brunswick apartment by a python, but the spokesperson said the two events are not connected.

HALEY RYAN/METRO IN HALIFAX

There's a page for that in the new IKEA Catalogue.

Visit IKEA.ca/Catalogue to see it now.

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Sears job cuts will send IT work overseas

Foreign outsourcing. Firm announces layoffs, says some of affected tasks will go to supplier with operations in India

Sears Canada is cutting 245 mainly head-office jobs with some of the work being outsourced to a firm with operations in India, a senior spokesperson confirmed on Tuesday.

The biggest group, consisting of 138 jobs, is in Sears' information technology department, said Vince Power, the national retailer's vice-president of communications. Nearly 100 affected jobs are in finance and eight are in payroll, he added.

The employees received layoff notices on Monday and will be leaving at various times over the next six months, Power said. Some may find other work within Sears, he said.

The announcement comes as more Canadian companies move their information technology services to outside suppliers, many with operations outside the country. With Canada's unemployment rate at 7.2 per cent, the loss of high-tech jobs has sparked outrage among some consumers.

Sears said the move will ensure the company's information technology services are more efficient and up-to-date, which is better for customers.

"These days, to keep up to date with all the system investments you need to make, it's not our core business. We're leaving it to people we feel can do it more efficiently," Power said.

Some of the work would end up outside the country, he said. IBM has operations in India. "Certainly some of the work is going to be done outside the country. That's their business model," Power said.

Sears will continue to employ hundreds of other people in its information technology department, he added. Employees of dozens of other firms, especially in financial services, insurance and accounting, have contacted media outlets to say their companies are also sending high-tech jobs to India.

But there is nothing illegal about it. Indeed, most Canadian employers argue the move to suppliers in lower-cost countries is essential to remaining competitive in a global economy.

TORSTAR NEWS SERVICE

IT outsourcing market

$15B

The market for outsourced IT services grew to $15 billion in Canada last year, according to research firm IDC Canada. Much of the work remains in Canada, but offshore firms are winning a growing share accounting for $3 billion worth last year. Such firms are handling everything from cheque processing to large databases, IDC says.

Back-to-school budgets grow by 18% over last year

People walk by a Best Buy store on Tuesday in New York City. Canadians will be digging a little deeper into their pockets during this year's back-to-school shopping season, a new survey suggests. According to the Pollara survey, Canadians intend to shell out an average of $428 per child on items such as school supplies, clothing and technology as their kids head back to class. That's an increase of 18.2 per cent over last year, when they planned to spend an average of $362 per child. The online poll surveyed roughly 1,000 Canadians. SPENCER PLATT/GETTY IMAGES

Waterloo. BlackBerry chops about 100 further positions

BlackBerry confirms it's cutting about 100 jobs this week as part of the second phase of its previously announced transformation plan.

BlackBerry says the terminations were handed out in the Waterloo Region where the smartphone maker is based.

"I can confirm that BlackBerry this week informed a small number of employees of their termination, including approximately 100 employees in Waterloo," a spokesperson said in an email.

"As previously stated, we are in the second phase of our transformation plan where we will be assessing our organization — from top to bottom — to ensure we have the right people in the right roles with the right skill sets to drive new opportunities in mobile computing."

There were also 250 layoffs last month in BlackBerry's operations in Waterloo.

BlackBerry's board of directors is also exploring strategic options, including a possible sale of the company or some of its assets. THE CANADIAN PRESS

Streaming

Netflix, Weinstein Co. sign deal in U.S.

Netflix says it's reached a multi-year agreement with Weinstein Co. that will give it the exclusive streaming rights to the company's first-run films in the U.S., starting in 2016. The deal doesn't include Netflix Canada.

Weinstein Co.'s movies include The Artist and The King's Speech. Netflix already has a deal with Weinstein that includes documentaries and foreign films. THE ASSOCIATED PRESS

Market Minute

DOLLAR 96.26¢ (-0.43¢)

TSX 12,670.11 (+82.09)

OIL $104.96 US (-$2.14)

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TALKING ABOUT SEX? GASP!

JUST SAYIN'

Paul Sullivan
metronews.ca

What is it about sex?

Now that I've got your attention, class, let's try to answer that question.

We don't seem to have any trouble with violence in our society. According to the Canadian Council on Social Development, the average Canadian child sees 12,000 violent acts on TV each year. Forty of the top-47 video games have violent themes. Etc.

But sex. Now that's another story, as Vancouver's Science World found out recently. It has a program underway called The Science of Sexuality:

"This self-guided exhibition explores the different stages of human sexual development … that lead to first love, to the discovery of attraction, seduction, desire and intimacy. By presenting a positive image of sexuality and exploring what science has revealed about the topic, the exhibition hopes to provide visitors with enough information on the many issues of sexuality to make enlightened and responsible decisions."

Recommended for ages 12 and up.

Uh-oh.

Exposing teens to the "discovery of attraction, seduction, desire and intimacy" is bad enough, but then Science World hired Vancouver's zaniest ad agency, Rethink, which immediately went out and built some raunchy ads:

One has a man and a woman under the sheets, the man on top and his legs between hers, both of which are in casts. The headline is Orgasms Can Kill Pain.

Another has a picture of a box of tissues surrounded by a number of rumpled tissues with the headline Ejaculation Fights Colds.

Never mind that this sounds like a sure cure for the common cold; the outcry was immediate as self-appointed guardians of the public morality rose up and pronounced themselves offended on behalf of the kids.

Foremost among the guardians was TransLink, the local bus authority, which ruled that neither would grace the buses of Vancouver.

OK, a little raunchy, perhaps. Better hide the kids' eyes, so they can go back to watching murder on TV or playing video games. And by the time they're 18, they'll have seen 40,000 murders, which is no doubt good because that will desensitize them to violence.

Meanwhile, back at the sex exhibit, kids will learn nasty stuff like the molecule responsible for love at first sight (oxytocin) or if there are sexually transmitted diseases you can catch from kissing (herpes). Of course, there's also something called an "erecto-matic," or erection stimulator. And then there's the "fantasy booth."

When we were kids, we only went to the stupid dairy on field trips.

So, would you rather have your kid operate the erecto-matic or blow away another couple zillion bad guys? And if that seems like an unfair question, you may be having a problem with reality.

Which brings us back to our original question: What is it about sex? By now, isn't it obvious? The answer you seek is at Science World in Vancouver. Until Sept. 2.

ZOOM

What's all the fusilli about?

METRO MOSCOW

Colanders latest threat in Russia

The Church of the Flying Spaghetti Monster is a new threat to the Orthodox Church in Russia.

On the weekend, Russian "pastafarians" gathered in Moscow with their religious equipment, namely colanders. As a result, eight people were taken to the police station after a "pasta procession" in the centre of Moscow. Orthodox activists who called the police said that glorification of the Flying Spaghetti Monster hurt their feelings. METRO

Q and A

Picture pasta causing a stir

Metro spoke with a pastafarian representative, Aleksander Stelkovsky.

What can people learn from your religion?
The most important principle of our religion is common sense.

And how about your conflict with the Russian Orthodox Church?
ROC proved extremely hostile to us. They attacked us and called the police and said that our actions were not authorized by authorities. Now we are preparing a lawsuit.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Remember the days when Instagram was clawing its way up the app chain vying for the attention of the online cool kids? When copycats were a welcome sign of reaching digital deity status? Those days are gone (thank you, Zuckerberg) and Instagram is now clamping down on apps with names sounding too similar to the beloved photo-sharing site. But before all things 'insta' and 'gram' go the way of ICQ and AOL, there are a couple of similarly named Instagram apps worth checking out (even just for an instant).

Statigram:
Numbers for your Instagram account so you can learn just how many people like your hotdog, leg-beach selfies.

Instadrop:
A drop box for your Instagram photos so your non-Instagramming friends and family won't miss a single filtered photo.

Instagallery:
As the name suggests, this lets you quickly and easily make photo galleries out of any set of Instagram pics.

Letters

RE: Parliament To Be Prorogued Until October: Prime Minister, published Aug. 19

The Conservative party cannot be allowed to prorogue Parliament.

There are many things that must be discussed and scandals that have been committed by that party that must be addressed.

Your actions will determine whether you are with Canadians or with the scandalous.

I demand our opposition leaders stand up against this prorogation and yourself as well.

This country was built on democracy.

The Senate was NOT democratically elected so the elected members of Parliament must be heard.

There is no majority when it comes to scandal against Canadians perpetrated by the Conservative members.

Robin Brentnall, Gambo, N.L.

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

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Fierté dans la capitale

SCENE

Movie review

The Mortal Instruments: City of Bones

Director. Harald Zwart

Stars. Lily Collins, Jamie Campbell Bower

Based on the hugely popular book series, The Mortal Instruments' built-in young adult audience should shill out big bucks for this adaptation regardless of whatever critics write. Lucky for them, the fantasy tale of a teen who discovers she's got mysterious powers to be used to protect humans from a hidden underworld may feel derivative but a quick pace and charismatic cast keep the melodrama from becoming too mind-numbing. STEVE GOW/METRO

Gay marriage

Tomlin looking at marriage again

Lily Tomlin and her longtime partner, Jane Wagner, may finally tie the knot now that same-sex marriage has returned to California, she told the crowd at a pre-Emmys reception in Los Angeles this week.

"Jane and I have been together for 42 years. We're thinking maybe we'll get married," Tomlin said.

THE ASSOCIATED PRESS

Nick Frost, left, Eddie Marsan, Simon Pegg , Paddy Considine, and Martin Freeman star in The World's End. CONTRIBUTED

Fall down drunk comedy

New movie. The World's End becomes another empty glass in the long history of binge drinking movies that manage to trip all over themselves

IN FOCUS
Richard Crouse
scene@metronews.ca

This weekend, as Simon Pegg and Nick Frost embark on an epic pub crawl in The World's End, they are continuing a Hollywood tradition of raising a glass in the movies.

"Tonight, we will be partaking of a liquid," says Gary King (Pegg), "although we may return with a twinkle in our eyes, we will be in truth blind… drunk." Pegg and pals add a sci-fi twist to their story, but at its heart it's a boozy comedy.

W.C. Fields pioneered drinking on film. During his 1930s heyday he made a name for himself with snappy one-liners like, "A woman drove me to drink and I didn't even have the decency to thank her." He liked a cocktail off screen as well. On set he had an ever-present vacuum flask of mixed martinis he referred to as his "pineapple juice."

While shooting a movie in 1942 a jokester replaced his gin with real pineapple juice. After his first sip Fields shrieked, "Who put pineapple juice in my pineapple juice?"

My Favorite Year, the 1982 Peter O'Toole comedy, was a fictional story based on a real life actor with a legendary taste for alcohol. O'Toole, a hellraiser who once went for a drink in Paris and woke up in Corsica days later, plays a character based on Errol Flynn's appearance on Sid Caesar's television program Your Show of Shows. Premiere Magazine ranked the performance No. 56 on its 100 Greatest Movie Characters of All Time list.

More recently Beerfest celebrated ale quaffing in a story based on the von Wolfhausen family tradition of spreading relatives' ashes on the official ground of Munich's Oktoberfest.

This down and dirty ode to drinking beer stars the members of Broken Lizard — the comedy troupe that gave us Super Troopers and Club Dread — and only has a 41 per cent rating at Rotten Tomatoes. Still, it is worth a look if only to see someone drink their way out of a vat of lager.

In Barfly Mickey Rourke plays Henry Chinaski, an alcoholic writer and alter ego to real life poet and "crown prince of self-abuse" Charles Bukowski. "Anybody can be a non-drunk," he slurs. "It takes a special talent to be a drunk. It takes endurance."

He was so convincing in his portrayal that when Bukowski died The New York Post ran a picture of Rourke from Barfly rather than a photo of the poet.

Booze relations

"A woman drove me to drink and I didn't even have the decency to thank her."

W.C. Fields
Who pioneered drinking on film

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Aaron Taylor-Johnson, left, as the young masked hero Kick-Ass, and Chloe Moretz, as the blade-wielding Hit Girl, in a scene from the film, Kick-Ass 2. CONTRIBUTED

Back to brass tacks

Interview. Chloe Moretz and Aaron Taylor-Johnson discuss their reservations

MATT PRIGGE
Metro World News

Every even moderately successful film — which would include Kick-Ass, which underperformed back in 2010 — gets a sequel. But for the film's young stars, doing the second one had to be about more than chasing dollars.

"We had to find a reason to even come back here," says Chloe Moretz, who returns as the 15-year-old purple-haired vigilante Hit-Girl.

"What did we not see in the first film that we should see in the second? You saw Hit-Girl but you never saw Mindy Macready (Hit-Girl's alter ego). You never saw the girl behind the mask."

In the film, Hit-Girl/Macready, whose father (Nicolas Cage) died late in the first film, is forced to ditch her persona by her guardian (Morris Chestnutt) and actually start going to school. Her new issues involve no longer being sure of who she is.

"She watched her father burn in front of her and held him in his last moment," Moretz explains. "But she doesn't have anyone looking out for her except (Chestnutt's character) — and he's a cop, the opposite of who she is. She doesn't know what she's doing."

For Aaron Taylor-Johnson, who's reprising the role of Kick-Ass, a high schooler who inspired everyday citizens to dress up and fight crime, deciding to put on his character's scuba suit again wasn't easy. "I like to do a character, erase it and go do something else," he says. "To go back to something and try to make it feel like the same person is a lot harder than it seems. Just getting back to that personality, the essence of that character — it did mess with my head a little bit."

Taylor-Johnson has changed dramatically in the last three years. For one, he has a new compound surname: He took the name of his wife, filmmaker Sam Taylor, who directed him as John Lennon in Nowhere Boy. They now have two kids. Playing a teenager again proved odd, although not as difficult as the horseplay.

"There's a lot more fight scenes in this movie," he says. "I did more training: MMA, boxing, things like that. You just naturally wind up getting properly into shape. Then I'd go onto set and Chloe would kick the s— out of me."

The same difficulties plagued Moretz, particularly a one-on-one with a movie-stealing Amazonian baddie named Mother Russia (Olga Kurkulina).

"We wanted it to be realistic — seeing how much she could fight back. How could this tiny little martial artist crazy whiny girl realistically fight back without being killed?" Moretz asks. "Obviously we fudged a lot of stuff. She isn't a superhero. She's a 15-year-old girl."

The toughest scene

"I think the scene I got most beat up during was with the van," Moretz explains. "The hydraulics in the car were shaking so much that my rib cage was purple and blue. At one point they whipped too hard and I went sideways and the door shoved in. I couldn't breathe," she says — with a laugh. All in a day's work

Leif Garrett. ALL PHOTOS GETTY IMAGES

Garrett: Watch out for scumbags, drug dealers and chicken hawks

If anyone can offer Justin Bieber advice on the perils of getting so famous so young, it's former teen idol Leif Garrett.

"Do not believe your own publicity," Garrett suggests when asked by Fox News for advice for the 19-year-old pop star.

"Sussing out who your real friends are is full-time work. Every scumbag, every drug dealer, every chicken hawk wants a piece of you. When you've got that sort of power at that young age, and everything at your doorstep, you put out that bad boy image. At that age, testosterone, hormones, all of the money, you see what else you can get away with."

Whether Bieber actually listens is another thing all together.

Robert Pattinson

Twilight stars looking to add another sequel

Twilight fans take heart: There may still be hope for exes Robert Pattinson and Kristen Stewart, as the pair reportedly met up at Stewart's house earlier this month for "a very intense conversation," according to Us Weekly.

"They will probably pick up where they left off. Rob's obsessed with her," a source says.

"She's still heartbroken. She can't seem to get over him."

The Twilight co-stars officially split in May.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Do you want to see Demi Lovato's X-Factors?

THE WORD
Dorothy Robinson
scene@metronews.ca

This week held a few ups and downs for Demi Lovato. Let's start with the downs. Radar Online reported that someone is trying to sell nudie shots of The X-Factor host.

Although Radar claims the photos of the dark-haired woman are "identical" to Lovato — including the same tattoos — they aren't going to purchase them for our horny consumption.

"These are Demi. The collection I have show some nude, including face, some including parts of the body Demi is known for — tattoos, butt, chin. Then, I have pictures of her getting rowdy," the shadowy figure says to the site.

But behind every nude-photo storm there is a guest-starring rainbow! That's the expression, right? Anyway, it was announced Monday that Lovato will be appearing on the next season of Glee as Rachel Berry's friend.

"I just heard the news! Excited to sing w you girl!" Tweeted Adam Lambert, who joined the show earlier this summer.

So in both cases, we can safely assume that we'll be seeing a lot more of Lovato in the coming months.

Spend more time wearing this . . .

A new kind of surf and turf

Vancouver Island. Swinging golf clubs and salmon fishing makes for the perfect West Coast holiday

SHARON MCAULEY
canadiangolftraveller.com

Even the deer are used to golfers at Vancouver Island's Crown Isle Resort. PHOTOS: BRIAN KENDALL/CANADIAN GOLF TRAVELLER

When I travel, I'm always on the lookout for authentic local experiences to mix with golf. So I was thrilled to discover that at Vancouver Island's Campbell River, the self-proclaimed "salmon fishing capital of the world," you can tee it up and cast your line all in the same day. If you think making a birdie is fun, just wait until you experience the kick of reeling in an 18-pound Chinook, then savouring your fresh catch — and your fish tales — over dinner at the lodge.

Teeing it up

There's plenty of great golf on Vancouver Island. The Vancouver Island Golf Trail maps out 11 public play courses over a 250 km route, from Victoria at the southernmost tip to Campbell River further up the island.

For our first round, we played Crown Isle Resort in the Comox Valley, about 40 minutes south of Campbell River. This Graham Cooke-designed course winds its way through an 831-acre golf community, presenting plenty of challenges — including 11 lakes — along the way. Remember to look up for stunning views of the Beaufort mountains, and keep your eye out for local deer — they're so accustomed to golfers that they're not even phased by near-misses on the driving range.

Storey Creek is a Les Furber-designed gem in Campbell River. A beautifully treed course, each hole is separated from the others by the surrounding forests of red cedar and Douglas fir. Fair and fun to play, it reminded me of a classic Stanley Thompson track, where risk-reward is the game but there's always a safe way for a high handicapper to make it to the green. Storey Creek is one of ScoreGolf Magazine's top 100 courses in Canada, and was awarded four stars by Golf Digest.

Canadian Golf Traveller publisher Sharon McAuley with her Chinook Salmon catch.

Reeling them in

Using local outfitters Oak Bay Marine Group, and with our expert guide Trevor Mahalek in charge, we set out the next morning for a four-hour fishing trip from the lovely April Point Resort.

With the outboard on our 17-foot Boston Whaler at full throttle, we travelled south for about 20 minutes along the Discovery Passage, just off the coast of Vancouver Island near Campbell River. According to Mahalek, there's a natural funnel in this area, formed by the tides and the ocean topography, which creates an ideal environment for catching the big ones.

Don't worry if you're new to fishing — your guide does all of the prep work and will give you a rundown on the best way to reel it in once you've got one on the hook. We were in good hands with Mahalek — a guy who goes fishing in his off hours when he's not working as a fishing guide. After he rigged our lines with a hoochie (its silver flashing movement under water attracts the salmon by giving the appearance of a herring in distress) and a blue meanie (a colourful lure with J-hooks attached), then secured our rods to the gunwale, we were ready to troll.

It wasn't long before the first strike and frenzy of activity. Reeling it in quickly while keeping the tension on the rod — but not letting it bend too much for fear of the line breaking, and occasionally letting the reel handle go to spin the line out and create more slack — took our full focus and energy. Under Mahalek's encouraging coaching and masterful work with the net, we successfully landed the first of four Chinook salmon, ranging from 10 to 18 pounds.

But before we reached our limit, there was one memorable one that got away.

Just as I was bringing the fish alongside the boat for Mahalek to net, a wily seal popped out of nowhere and took both the fish and my line. I was stunned at the sudden turn of events, and briefly wrestled with both the salmon and seal at the end of my rod. But it was a losing battle — according to the local term, I'd been "sealed." I didn't get the fish, but I did come away with a whopper of a fish tale.

Getting there

- **BC Ferries.** Has frequent daily crossings between mainland Vancouver and Vancouver Island (with service to Victoria or Nanaimo).
- **Golf and fishing packages.** Vancouver Island offers three different places to combine golf and fishing: Victoria, Cowichan Bay and Campbell River. See Golf Vancouver for booking information.

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metro

There's more than music in Nashville

Tennessee. City usually associated with country music also offers plenty in the food, art and shopping departments

DANIELLE TCHOLAKIAN
Metro World News in New York

This southern city is a vibrant playground for culture lovers. ISTOCK

Nashville is no longer just about country music. Home to indie acts such as the Black Keys, this vibrant Southern city is a playground for music and art lovers, savvy style mavens and food fanatics — and all of them can find plenty to do and see.

Eat and drink

Rotier's (rotiersrestaurant.com) is old-school charm at its best. Voted best milkshake and hamburger year after year, locals will tell you this family-owned place is not to be missed. For the not-so-health-conscious, the grilled cheeseburger (essentially a grilled cheese with a burger in it) is a solid choice.

Head over to Germantown for brunch in the beautiful garden at Monell's (monellstn.com), or an Italian dinner at City House (cityhousenashville.com). Then take a stroll around the neighbourhood to check out the elegant Southern homes before popping into The Cupcake Collection (thecupcakecollection.com), which boasts a porch where you can enjoy your treats.

Shop

Shopaholics will love the 12th South District, where custom-made jeans can be scored — and handcrafted in front of you — at Imogene + Willie (imogeneandwillie.com). Or stroll through Hillsboro Village with its eclectic mix of shops and coffee houses, plus BookMan-BookWoman (bookmanbookwoman.com), a jam-packed used bookstore that bibliophiles can get lost in for hours.

Sleep

The eco-friendly Hutton Hotel (huttonhotel.com) is the place to go to sleep in comfort and style. Hot tip for hoarders of travel-size hotel goodies: The boutique space offers Molton Brown toiletries in its ultra-modern bathrooms.

For a truly luxurious experience, book a room at the sprawling Gaylord Opryland Resort, almost a city unto itself. It's in a great location, too, for those looking to experience Nashville's Grand Ole Opry, the world's longest-running radio show. It has hosted some of country music's greatest legends.

Sightsee

You can't visit Nashville without seeing the Country Music Hall of Fame (countrymusichalloffame.org), a winding three-floor collection that houses an array of historic memorabilia, including the MacBook Taylor Swift used to write some of her songs.

The Frist Center for the Visual Arts (fristcenter.org), once a post office, has no permanent collection: The curatorial staff instead devotes its time and resources to bringing in exhibits from the finest institutes in the world. The museum is worth a visit for its art deco interior and Greco-Roman exterior alone. Free tours are offered on the first Saturday of the month at 4 p.m.

For a romantic nighttime jaunt, head to Cheekwood Mansion (cheekwood.org). It's just a short drive outside of the city. Make sure to go on a Wednesday, Thursday or Friday after dusk to catch Lights, an outdoor art installation by Bruce Munro.

Travel tips

Don't let the bed bugs bite

ON THE MOVE
Loren Christie
life@metronews.ca

Bed bugs can be found almost anywhere there is fabric or wood, from department stores to movie theatres to, unfortunately, your hotel guest room. Although most major hotel companies have strict and effective policies on how to deal with bed bugs once an outbreak has happened, there is little they can do to prevent new cases from occurring. Bed bugs are lazy bloodsuckers that have a terrible habit of travelling in people's luggage or purses in search of their next meal. There are some steps you can take to protect yourself. When you check into your hotel room, hang your coat in the closet and place your luggage in the bathroom, where it can sit on tiles while you inspect the bed. Strip back all the bedding and look at the corners of the bed and under the mattress. At three to four millimetres in length, bed bugs are visible to the naked eye. They are brown or red (if they have recently eaten) and if you don't see the bugs themselves look for little black dots, which indicate recent activity. Bed bugs hang out close to their food supply so make sure to check the headboard where your neck, head and arms are exposed as you sleep. The telltale odour of overripe raspberries is another indication that you may not be alone.

A typical bite takes the form of red itchy bumps in series of threes, but could also just present itself as an inflammation. You could just end up with one bite or in some cases you could be covered in them. The good news is that unlike mosquitos, bed bugs do not carry any diseases like Lime Disease or West Nile.

If you do fear that you have been bitten by bed bugs, make sure to place your luggage in the garage when you get home and have your clothes dry cleaned and steamed or at least washed in water temperatures of 123 degrees Celsius or higher; the heat will kill all bed bugs and their eggs. Let the hotel know immediately what you suspect has happened.

. . . and less time wearing that.

These U.S. hotels have gone to the dogs

Woof. It's not a vacation without Fido and at these hotels, it's unclear whether you or your pup is VIP

LINDA CLARKE
Metro World News in New York

Politico pooches

Washington, D.C., has several Kimpton hotels — and Kimpton has to be the most pet-friendly hotel chain ever. Of the less expensive D.C. properties, Hotel Rouge's location near Dupont Circle is an easy and pleasant walk from the White House and The Mall. Or, head to 15th and P to find boutiques, bars and restaurants. Kimpton's nightly wine hour means you can enjoy a tipple while your dog is safely snoozing at your feet. The hotel has no size restriction and no pet fee in any of its properties, and water and pet snacks in the lobby is the norm. (From $169, rougehotel.com.)

High-rolling hounds

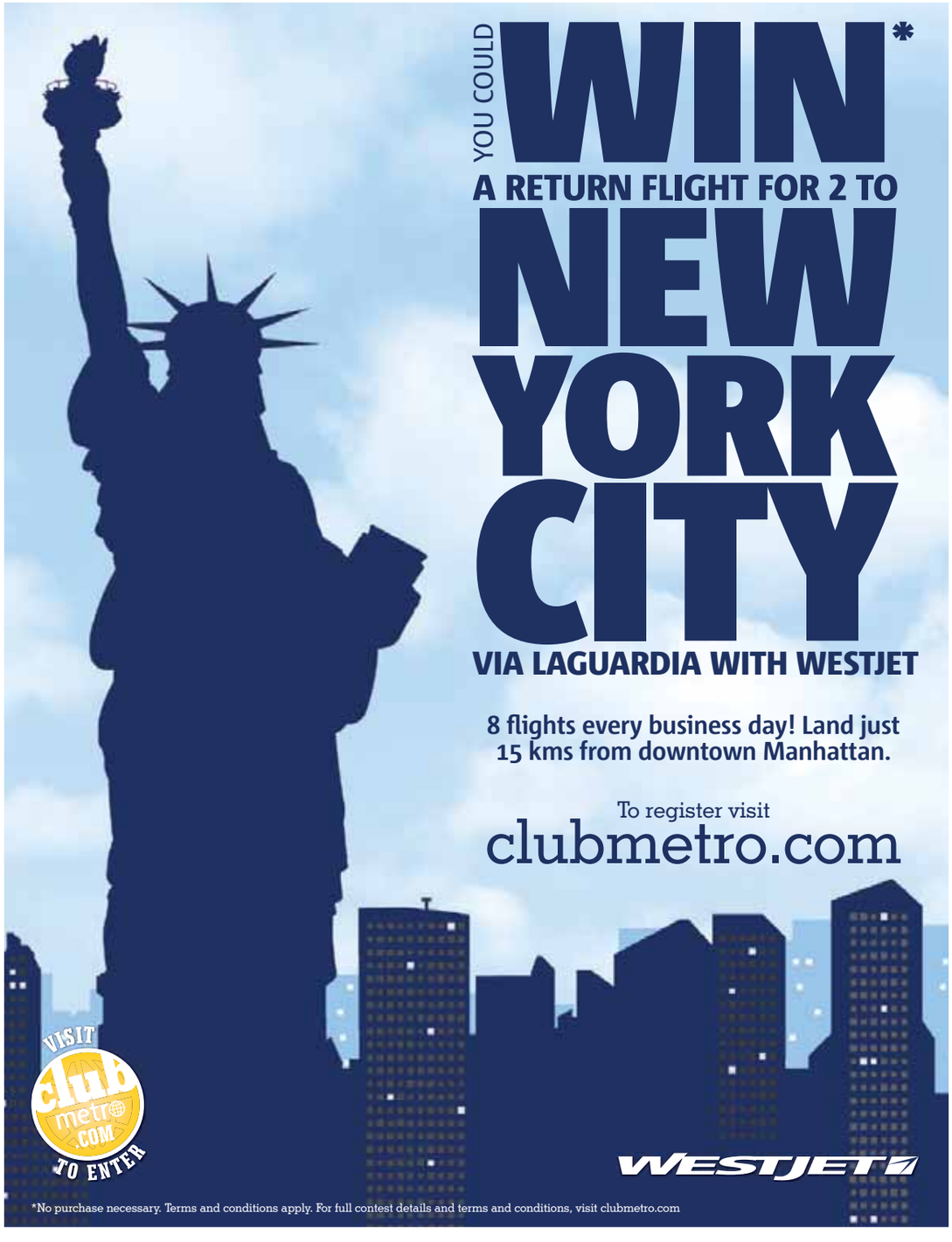
The Showboat went pet friendly in 2011, the first Atlantic City casino resort to do so. The property allows dogs 50 pounds and less, and caps out at two dogs per room. Upon request, the hotel can provide treats, food, bowls and a bed. Just keep them away from the craps tables — dogs are not allowed on the casino floor or any public area. Though the bollards on the property look like hydrants, restrain your pooch until you get to the designated doggie bathroom location nearby (ask the doorman to point it out to you). (Humans: from $131; dogs: $60 per dog, per day, showboatac.com.)

Ivy League friends

The Hanover Inn in Hanover, N.H., sits adjacent to Dartmouth Green, a large old common surrounded by Dartmouth College. This is where the town's academia hang out with their pooches. The green is also a great spot for a picnic. Hanover is a very small town, but it's great for people watching: Sit together on the Hanover Inn's shaded porch, lined with quaint rocking chairs and watch the world go by. The Inn provides what just might be the most comfy dog beds ever, and bowls are available, too. (Humans: from $199; dogs: $50 onetime fee, hanoverinn.com)

Posh pups

Tucked off bustling Thames Street in downtown Newport, R.I. — but only minutes away from its restaurants, bars and stores — dog-friendly Vanderbilt Grace is a historic mansion hotel, which allows leashed pups in its public areas (except restaurants). Enjoy the hotel's complimentary daily champagne breakfast together in the walled garden or cocktails and dog biscuits on the roof deck. The garden is lovely — but make sure Fido doesn't have an accident in it. For bathroom breaks, walk across the rear parking lot to Church Street. Vanderbilt Grace offers Sojos dog treats and Cain and Able dog bath collection for purchase on the Bespoke by Grace online check-in menu, and a dog package that includes bedding, bowl and arrival treats. (Humans: from $255; dogs: $50-$100 onetime fee depending on weight; dog/human packages from $395; vanderbiltgrace. com).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Can you really leave those puppy-dog eyes behind? ISTOCK

If your pooch is made for walking...

Not only is the Hilton Baltimore dog-friendly, it's also fan-friendly, too. This newly built hotel is located across the street from Oriole Park at Camden Yards, and M&T Bank Stadium, home of the Ravens, is also nearby. Some rooms even look right on to the Orioles field. Camden Yards is part of the massive development of the Baltimore Inner Harbor district — the harbour and other downtown attractions are all within walking distance. Dogs aren't permitted on the boardwalk or beach, but they're allowed to walk the Inner Harbor. The Hilton Baltimore even allows larger dogs, up to 75 pounds. (Humans: from $129; dogs: $50 onetime fee, hilton.com)

More than one way to get grilled in Washington D.C.

Stoney's is the great equalizer in Washington — where high-priced consultants sit next to blue-collar workers. THE ASSOCIATED PRESS

Say cheese. The U.S. capital is known for its fancy restaurants, but what about American comfort food?

This is a city of monuments, for sure — both to history and to restaurants.

There are the stone-faced tributes to Lincoln and King, as well as the Washington establishments that are shrines to culinary ego and ingenuity alike. But to appreciate this capital city and its true character, get away from both categories and venture to the quickly developing stretch around the 14th Street corridor.

There, discover the best tribute to the ultimate American comfort food: Stoney's grilled cheeses.

Yes, grilled cheeses.

While other restaurants in Washington deservedly earn high praise from foodies for their longevity, tradition and innovation, the low-key vibe of Stoney's is the embodiment of what folks who call Washington home know better. The wood-floored, high-ceiling neighbourhood bar captures the flavour that suburban chain restaurants try to replicate in mall parking lots, without the kitsch or glaring fluorescent lights. No high-energy script, just vintage-style, low-intensity bulbs.

Stoney's menu is genuinely casual and its signature grilled cheese menu doesn't carry a celebrity chef's endorsement increasingly common in Washington and its environs in Maryland and Virginia. It's a city where tourists often wait hours to sample plates prepared by bold-faced kitchen whizzes such as Jose Andres or Michel Richard and reality show veterans such as Mike Isabella and Spike Mendelsohn. And weekend lines at Georgetown's feuding cupcake stores often stretch around blocks.

At Stoney's, it's seat yourself, no host or hostess. Menus are already on the tables. Water and soda glasses are plastic. Draft beer trumps craft cocktails.

There are multiple varieties of grilled cheese, all delicious. There is the classic, with melted American between two thick slices of buttery Texas toast, crispy on the outside but chewy in the middle. The "super" variety adds juicy tomato, break-your-tooth-crunchy bacon and plenty of onions. Another option includes thick and salty slices of ham to the mix.

These are the kind of dishes Mom made to ward off the cold, coupled with tomato soup.

None tops $10 and each comes with fries — though the onion rings are an option with far more texture. During happy hour, the price dips as low as the remarkable $3 in a city where meals' costs climb at a ridiculous clip.

Which is why at Stoney's, high-priced consultants, political operatives and blue-collar residents alike slide up to the wooden barstools without any of the class distinctions that leave Washington open to fair criticism that the capital is among the country's most segregated based on income. Pictures of famous Washingtonians are on the wall — there's Colin Powell! And Bill Clinton! — near framed cases of police and fire badges from departments that visit from around the country.

THE ASSOCIATED PRESS

More cheese...

Stoney's menu is rooted in cheese. Not the fancy kinds that are sold by the ounce at froufrou speciality shops. No, Stoney's appreciates the classics: American, cheddar and Parmesan. Best when melted, of course. The grilled cheese offerings are the must-try dishes. But the mac and cheese with bacon, the meatloaf sandwich and Reuben are all laden with melted cheese.

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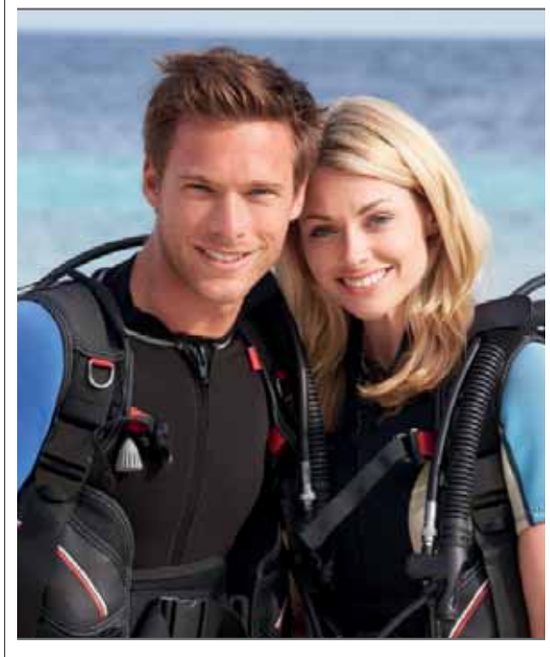

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Save on cost, not flavour with Dorowat

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

I have just about had it up to here with people telling me it costs too much to eat healthy. It simply doesn't, and I intend to prove it.

Made with a number of the spices on the Top 10 ORAC (the highest anti-oxidant foods) list, this version of Dorowart, the sweet Ethiopian stew, is a cancer battling delicious powerhouse.

The flavours are surprising, rich and nourishing. If you can find injera, which is an Ethiopian flatbread made with high-protein, ancient teff flour, do so! The traditional method of eating the stew using scoops of this delicious bread is an experience beyond just the taste.

Store leftovers in the freezer in single serving sizes and yum out for weeks, cheap!

Ingredients

- 28-oz can crushed tomatoes ($1.29)
- 3/4 cup dry red wine ($1.75)
- 1/4 cup paprika ($0.25)
- 1 tbsp red chili pepper flakes ($0.05)
- 1 tbsp ground turmeric ($ 0.01)
- 1 tbsp grapeseed oil ($0.08)
- 1 onion, minced ($0.88)
- 2 garlic cloves, minced ($0.10)
- 2 tbsp ginger root, grated ($0.10)
- 1 tsp ground nutmeg ($0.24)
- 1 tsp ground cloves ($0.35)
- 1 tsp ground allspice ($0.75)
- 1 tsp cinnamon ($0.13)
- 1 lb skinless chicken thighs ($4.30)
- 28-oz can chickpeas, drained ($1.29)

Total: $11.32/$0.94 per person

Dorowat (Ethiopian Chicken and Chickpeas)

This recipe serves 12. CONTRIBUTED/ THERESA ALBERT

1. In a large bowl, combine tomatoes, 1/2 cup of the red wine, paprika, chili pepper flakes, and turmeric, and set aside.

2. Warm a large deep pot over medium-high heat. Add oil, and cook onion for about 5 minutes. Add garlic and grated ginger, cook for 1 more minute. Stir in nutmeg, cloves, allspice and cinnamon, then add chicken pieces and brown for 2-4 minutes per side.

3. Pour tomato mixture over chicken and bring to boiling; reduce heat. Cover and simmer about 30 minutes.

4. Stir in remaining 1/4 cup dry red wine and drained chickpeas. Simmer uncovered for about 15 minutes. THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PRIVATE NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Eat cheap

For the next four Wednesdays, Metro's Theresa Albert will be serving up some easy to make and healthy recipes that are perfect for families or starving students.

Drink of the Week

Hennessy Sweet Tea

Sweet Tea is a staple in the southern U.S. Here is a rich, new take on the classic way to cool down.

- 1.5 oz Hennessy V.S
- 0.5 oz Grand Marnier
- 2 oz unsweetened cold tea
- 1 oz simple syrup
- 0.5 oz fresh lemon juice
- Garnish with a twist of orange

Add all liquids into a shaker tin with ice and shake until well chilled, strain into a Collins glass over fresh ice and garnish with an orange twist.

RECIPE AND PHOTO COURTESY OF HENNESSY

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Keeping it as cool as a cucumber

1. Slice both English cucumbers and the small red onion as thinly as possible, then mix them together in a large bowl. Sprinkle the salt over the vegetables. This step is best done with a potato peeler.

2. Using your hands, gently knead and press the vegetables. Don't crush or mash them, just gently work the vegetables in the bowl.

3. After 2 to 4 minutes of kneading, there should be a large amount of water in the bowl. Pour off and discard the water.

4. Stir in the sour cream, dill, lemon zest and juice, garlic powder and black pepper. The salad can be made up to 4 hours in advance. If so, prepare the dressing separately and refrigerate in a separate container from the cucumbers. Just before serving, drain the cucumbers again, then mix in the dressing.

THE ASSOCIATED PRESS

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 2 large English cucumbers
- 1 small red onion
- 1 tsp salt
- 1/2 cup sour cream
- 2 tbsp chopped fresh dill
- Zest and juice of 1/2 lemon
- 1/2 tsp garlic powder
- 1/4 tsp ground black pepper

Leaves will turn, grads will earn

Fall into a fabulous position. Soon is the season when 70 per cent of employers do the majority of their student and new grad hiring. Get prepped!

MEGHAN GREAVES
TalentEgg.ca

Schedule in success: Start a recruitment season calendar. Include networking and recruitment events along with deadlines for drafts of applications and their final due dates. ISTOCK

Fall marks the start of a new school year, which means that it's time to head back to campus, attend as many welcome back parties as possible and even squeeze in some time for your classes.

On top of all these priorities, you also need to be thinking about your job hunt.

Since you're already busy studying, attending classes, writing assignments and managing your social life, adding one more thing to do could be overwhelming — unless you're equipped with the right tactics.

Figure out your path

There's a lot of competition in campus recruitment season, and the first step to success is deciding where your priorities lie.

To direct your energy in a productive fashion, you need to have an idea of the specific role (or roles) you'd like to explore in the future, as well as a set of employers you'd like to work for.

The goal isn't to figure out exactly what you want to do, but rather to help yourself tune out the opportunities you aren't interested in to help you focus on finding a path to the ones you are.

This isn't just an abstract thought exercise. You'll need to do some role- and company-specific research. Also consider touching base with friends or contacts who are currently employed in your industry and chatting with them about the work they do to get a sense of the hands-on experience of a role.

Set time aside

The work doesn't end once you know where you want to go. In order to excel in networking and recruitment sessions and prepare applications that get you in front of the crowd, you're going to need to log some prep time.

While you might be lucky enough to have success early in the season, you should also remember that the application process can be lengthy. Even if you make a promising connection, you'll have to keep exploring new opportunities while you're waiting to hear back about ongoing efforts.

You don't want a busy recruitment session to overwhelm your studies, so it's important that you plan your time well in advance. You'll find things much more manageable if you put in a few hours at a time rather than cramming everything in at the last minute.

Manage and adapt

Even once you've figured out which career paths you want to explore and which events you want to attend, you'll still need to be ready to adjust to challenges on the fly.

Your academic, personal and recruiting schedules are going to be in constant competition as you explore your future opportunities and it will often be tempting to throw all of your energy in one direction at a time — or to let everything defer to the fun and social side of life.

In order to temper this tendency while still putting your best foot forward, you'll need to start being more rigorous with yourself in planning and execution. If you're someone who fine-tunes every last detail of an assignment or burns the midnight oil all weekend, you're going to have to cut back on that behaviour.

At the same time, don't let your investment in recruiting season become your sole focus.

Academic success is a key part of skill-building, and letting your academic record languish while you try and start your career may leave you feeling guilty later.

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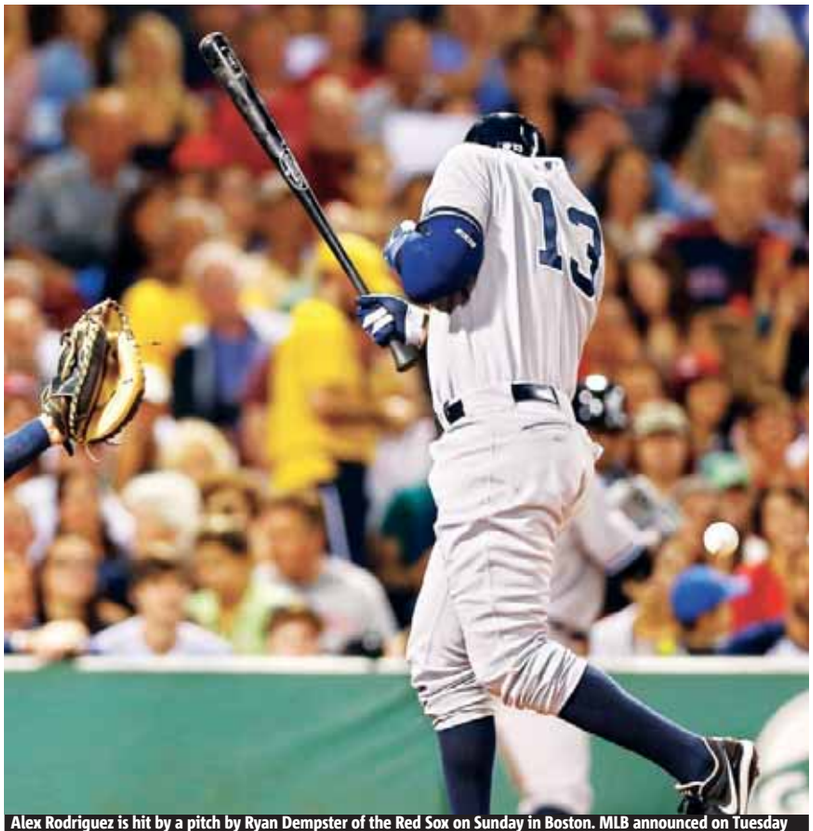
SPORTS 4

Dempster suspended five games for plunking A-Rod



Alex Rodriguez is hit by a pitch by Ryan Dempster of the Red Sox on Sunday in Boston. MLB announced on Tuesday that Dempster would be suspended five games and fined for the incident. JARED WICKERHAM/GETTY IMAGES

MLB. B.C. native who sparked outrage from Yankees bullpen maintains innocence

Canadian pitcher Ryan Dempster of the Boston Red Sox was suspended for five games and fined by Major League Baseball for intentionally hitting Yankees star Alex Rodriguez with a pitch last weekend.

The penalty was announced Tuesday by MLB senior vice-president Joe Garagiola Jr., two days after Dempster hit A-Rod in the second inning at Fenway Park. Garagiola also fined Yankees manager Joe Girardi for arguing with plate umpire Brian O'Nora on Sunday night.

Dempster, from Gibsons, B.C., could still play if he appeals the penalty. Boston has off days Thursday and Monday, allowing him to serve the suspension while getting pushed back only a couple days in the Red Sox rotation.

Dempster threw one pitch behind A-Rod's knees and two more inside in the second inning. Then his 3-0 pitch struck Rodriguez's left elbow pad and ricocheted off his back.

Girardi sprinted onto the field, screaming at plate umpire Brian O'Nora for not ejecting the pitcher. Girardi was tossed as the benches and bullpens emptied, and Rodriguez homered off Dempster to spark a sixth-inning rally that lifted New York to a 9-6 win.

Dempster maintained he was just pitching inside and wasn't trying to hit Rodriguez.

Earlier Tuesday, Girardi insisted it would be "open season" on Rodriguez if MLB failed to suspend Dempster.

Ryan Dempster GETTY IMAGES FILE

"That baseball is a weapon. It's not a tennis ball.... It's a weapon, and it can do a lot of damage to someone's life," Girardi said before a doubleheader against Toronto. "And that's why I was so upset about it. You can express your opinion and be upset with someone, but you just can't start throwing baseballs at people. I mean, it's scary."

THE ASSOCIATED PRESS

Steering clear

"I'm the wrong guy to be asking about suspensions. Holy mackerel."

Alex Rodriguez with a laugh after being asked to comment on Dempster's suspension

Jays blow early lead, lose Bautista vs. Yanks

Robinson Cano was much more excited about the Yankees' latest win than his milestone homer.

Cano got his 200th career home run among his four hits and drove in four runs, Chris Stewart hit a go-ahead three-run drive, and the Yankees rallied to hand the Toronto Blue Jays their record 10th straight loss in New York, 8-4 Tuesday in the opener of a split doubleheader.

The Yankees won for the seventh time in 10 games but are still six games out of an AL wild card.

"Right now we're in a situation that we need to win games," Cano said. "It's good to hit 200 but it's great to win."

New York's Ivan Nova (7-4) was tagged for four runs in the second inning when Toronto batted around in the makeup of a rained-out game on May 19. But he scattered five hits the rest of his outing that ended with one out and Jose Reyes on first in the seventh inning.

The Blue Jays loaded the bases with two outs on consecutive walks by Shawn Kelley, but Brett Lawrie flied out to centre field to end the threat.

Toronto slugger Jose Bautista was removed from the team's seventh straight loss to the Yankees before the bottom of the fourth inning because of soreness in his left hip. He didn't return for the second game.

The Blue Jays last lost seven in a row to New York in 1999.

THE ASSOCIATED PRESS

Rajai Davis hits a two-run double on Tuesday. SETH WENIG/THE ASSOCIATED PRESS

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78 YEARS

Chris Froome was accused of doping en route to winning the 2013 Tour de France. GETTY IMAGES FILE

UCI: The mellow yellow checks out

Cycling. Cycling union reports urine samples and blood tests free of banned substances

No riders tested positive for doping at the Tour de France, the International Cycling Union said Tuesday, after the complete analysis of 622 samples.

The testing program included 113 urine samples tested for EPO and 15 for steroids. In blood analysis, 22 samples were tested for EPO-like substances, 18 for human-growth hormone and two for transfusions.

"We don't have any adverse finding from the Tour de France," Francesca Rossi, director of the UCI-appointed Cycling Anti-Doping Foundation (CADF), told reporters at a briefing.

The testing included 203 samples taken from riders in training and 419 during the three-week race, which was won by Chris Froome of Britain. A total of 443 blood samples and 179 urine samples were taken in a program jointly run by the UCI and the French anti-doping agency (AFLD). Most blood samples were used for comparisons to the biological passport system, which charts the blood levels of riders.

The total samples of 622 rose from 566 for the 2012 Tour at which only Frank Schleck of Luxembourg tested positive for a banned diuretic.

Tour riders who used banned drugs or doping methods could yet be identified because stored samples can be analyzed again in the future using new or improved testing techniques.

THE ASSOCIATED PRESS

Nada with USADA

The Cycling Anti-Doping Foundation has not secured a working agreement with the U.S. Anti-Doping Agency, whose investigation exposed massive doping by Lance Armstrong's teams in a report published last October.

In the scrum

Ex-Leafs GM joins Rugby Canada board

It's a sport Brian Burke loves, and one that he is happy to follow closely whenever he gets the chance.

Rugby, not just hockey, has been in Burke's heart for decades. He's played it, watched it and will now take part in directing it as well.

Brian Burke
GETTY IMAGES FILE

Rugby Canada announced Tuesday that Burke is joining its board of directors, giving the former NHL executive a chance to get involved in what he calls his "second favourite sport."

"I'm really excited about it," said Burke. "I think it's a great sport and I think the future of rugby in Canada is very bright."

The former general manager of the Toronto Maple Leafs first played rugby when he was a 23-year-old law student. Burke said he noticed the Harvard Business School Rugby Football Club practising near where he lived and asked if he could join. THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	74	53	.583	—
Tampa Bay	71	52	.577	1
Baltimore	67	57	.540	5½
New York	65	59	.524	7½
Toronto	57	68	.456	16

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	73	51	.589	—
Cleveland	67	58	.536	6½
Kansas City	64	59	.520	8½
Minnesota	54	69	.439	18½
Chicago	49	74	.398	23½

WEST DIVISION

	W	L	Pct	GB
Texas	72	53	.576	—
Oakland	71	53	.573	½
Seattle	57	67	.460	14½
Los Angeles	55	69	.444	16½
Houston	41	83	.331	30½

Tuesday's results
N.Y. Yankees 8 Toronto 4 (gm. 1)
Tampa Bay at Baltimore
Toronto at N.Y. Yankees (gm. 2)
Minnesota at Detroit
Houston at Texas
Chicago White Sox at Kansas City
Cleveland at L.A. Angels
Seattle at Oakland
Monday's results
N.Y. Mets 6 Minnesota 1
Tampa Bay 4 Baltimore 3
Texas 16 Houston 5
Cleveland 5 L.A. Angels 2
Oakland 2 Seattle 1
Wednesday's games — All times Eastern
Seattle (Iwakuma 11-6) at Oakland (Griffin 10-8), 3:35 p.m.
Cleveland (Masterson 13-9) at L.A. Angels (Williams 5-9), 7:05 p.m.
Tampa Bay (Hellickson 10-6) at Baltimore (Chen 6-6), 7:05 p.m.
Toronto (Dickey 9-11) at N.Y. Yankees (Pettitte 8-9), 7:05 p.m.
Minnesota (Correia 8-9) at Detroit (Sanchez 11-7), 7:08 p.m.
Houston (Bedard 3-9) at Texas (Holland 9-6), 8:05 p.m.
Chicago White Sox (Rienzo 0-0) at Kansas City (Guthrie 12-9), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	76	48	.613	—
Washington	60	64	.484	16
New York	57	66	.463	18½
Philadelphia	55	69	.444	21
Miami	48	75	.390	27½

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	73	51	.589	—
St. Louis	72	52	.581	1
Cincinnati	71	54	.568	2½
Chicago	54	70	.435	19
Milwaukee	54	71	.432	19½

WEST DIVISION

	W	L	Pct	GB
Los Angeles	72	52	.581	—
Arizona	64	59	.520	7½
Colorado	58	68	.460	15
San Diego	56	69	.448	16½
San Francisco	55	69	.444	17

Tuesday's results
Colorado at Philadelphia
Arizona at Cincinnati
L.A. Dodgers at Miami
Atlanta at N.Y. Mets
Washington at Chicago Cubs
St. Louis at Milwaukee
Pittsburgh at San Diego
Boston at San Francisco
Monday's results
Philadelphia 5 Colorado 4
Cincinnati 5 Arizona 3
Miami 6 L.A. Dodgers 2
Chicago Cubs 11 Washington 1
St. Louis 8 Milwaukee 5
Pittsburgh 3 San Diego 1
Boston 7 San Francisco 0
Wednesday's games — All times Eastern
Atlanta (Wood 2-2) at N.Y. Mets (Niese 5-6), 1:10 p.m.
St. Louis (Westbrook 7-8) at Milwaukee (Gorzelanny 3-4), 2:10 p.m.
Boston (Doubront 8-6) at San Francisco (Zito 4-8), 3:45 p.m.
Pittsburgh (Cole 6-5) at San Diego (Kennedy 4-9), 6:40 p.m.
Colorado (Nicasio 7-6) at Philadelphia (Lee 10-6), 7:05 p.m.
Arizona (McCarthy 2-7) at Cincinnati (Leake 10-5), 7:10 p.m.
L.A. Dodgers (Greinke 11-3) at Miami (Eovaldi 2-3), 7:10 p.m.
Washington (Ohlendorf 2-0) at Chicago Cubs (Arrieta 1-0), 8:05 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	11	8	6	36	25	39
New York	11	8	6	36	31	39
Montreal	11	7	5	36	35	38
Philadelphia	10	7	8	36	32	38
Houston	10	7	6	29	23	36
New England	9	9	6	29	23	33
Chicago	9	10	4	29	34	31
Columbus	8	11	5	29	30	29
Toronto FC	4	12	8	21	33	20
D.C. United	3	17	4	14	40	13

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	12	8	5	41	30	41
Colorado	10	7	9	33	27	39
Portland	9	3	11	34	22	38
Los Angeles	11	9	4	39	32	37
Vancouver	10	8	6	36	32	36
Seattle	10	8	4	30	26	34
San Jose	9	10	6	26	35	33
FC Dallas	8	7	9	31	35	33
Chivas USA	4	13	6	20	40	18

Wednesday's games — All Times Eastern
FC Dallas at Chivas USA, 10:30 p.m.
Real Salt Lake at Portland, 11 p.m.
Friday's game
Kansas City at Chicago, 8:30 p.m.
Saturday's games
Houston at Montreal, 7 p.m.
Toronto FC at D.C. United, 7 p.m.
Los Angeles at Vancouver, 9 p.m.
San Jose at FC Dallas, 9 p.m.
Columbus at Real Salt Lake, 9:30 p.m.

CFL

WEEK 9

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	7	5	2	0	230	174	10
Hamilton	7	3	4	0	166	205	6
Montreal	7	2	5	0	156	201	4
Winnipeg	7	1	6	0	153	210	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	7	6	1	0	234	150	12
Calgary	7	5	2	0	226	186	10
B.C.	7	5	2	0	169	164	10
Edmonton	7	1	6	0	161	205	2

Thursday's game — All Times Eastern
B.C. at Montreal, 7:30 p.m.
Friday's game
Calgary at Toronto, 7:30 p.m.
Saturday's games
Winnipeg at Hamilton, 1 p.m.
Saskatchewan at Edmonton, 4 p.m.

There's a page for that in the new IKEA Catalogue.

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- IIHS Top Safety Pick▲
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- Bluetooth® iPod®/USB/AUX Integration

Best Compact Car 2013 Subaru Impreza◆

Best Midsize Utility 2013 Subaru Outback◆

2013 IIHS TOP SAFETY PICK

Top Safety Pick: 2013 Subaru Lineup.▲ Subaru is the only manufacturer with IIHS Top Safety Picks for all models, for the fourth year in a row.

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2014 Nissan Versa Note

- **Type.** Four-door, front-wheel-drive sub-compact wagon
- **Engines (hp).** 1.6-litre DOHC I4 (109)
- **Transmissions.** Five-speed manual; continuously variable (opt.)
- **Base price (incl. destination)** $15,000

Under the hood.

Storage

There are all sorts of storage spots for drinks, while an optional adjustable-height load floor called "Hide-N-Divide" can be raised to match the height of the rear seats when they're folded flat, all the while creating a hidden storage spot below.

Fuel Economy

Fuel economy is usually a major consideration for buyers in this class and the Note's 109-horsepower 1.6-litre engine comes through with an estimated consumption rating of 6.1 l/100 km in the city and 4.8 on the highway.

Design

Virtually all of the shrinkage occurs ahead of the front wheels where the aerodynamic nose slopes downward in a way that's reminiscent of the Honda Fit. The front end is finished off with a stylish grille and an attractive pair of "boomerang" headlights.

2014 Nissan Versa Note

Review. Smaller usually isn't better, but Nissan was clever in the redesign of the Versa hatchback

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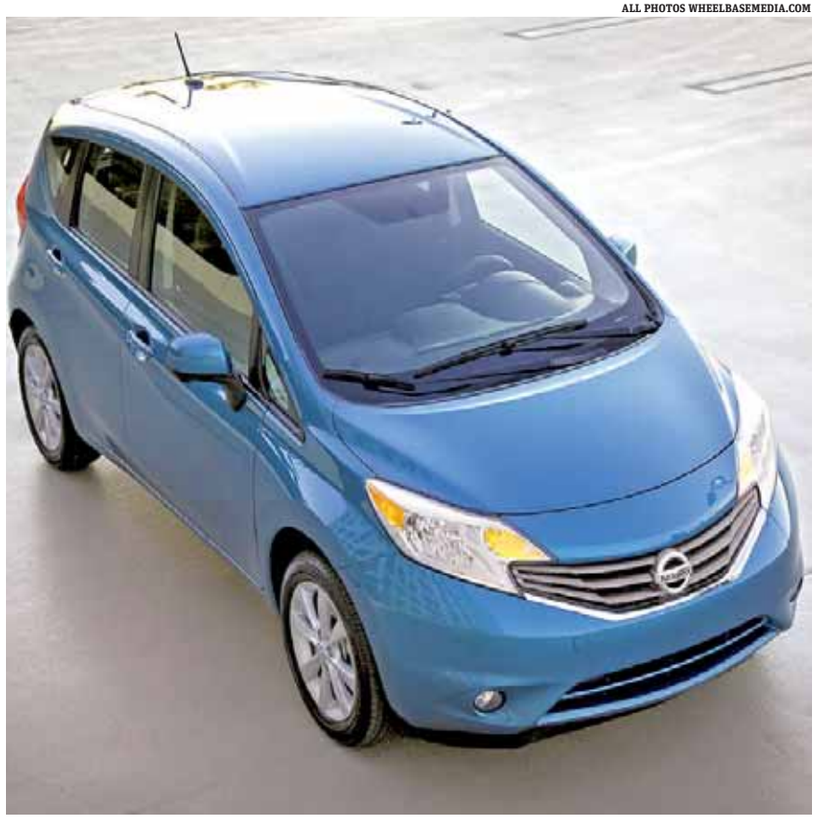

It just seems right that a test drive of the Nissan Versa Note takes place in Montreal.

In a region where fuel costs are among the highest in Canada — somewhere around $1.50 a litre — small cars abound, especially those that are specifically shaped to maximize passenger and cargo space.

The original Versa wagon — a 2007-model-year arrival — excelled on both counts. Paradoxically, its replacement, called the Versa Note, expands on that theme by actually shrinking in size, although not where it really counts.

Nissan's designers shortened the Versa hatchback's overall length by more than 15 centimetres (it's 33 centimetres shorter than the sedan) without reducing the distance between the front and rear wheels or the interior volume, which has actually increased slightly.

Curtailing the size contributes to a new car that's about 135 kilograms lighter than the retired 1,230-kilogram wagon.

That's significant for any vehicle, but for the Note, it's nothing short of massive. The remaining bodywork is similarly appealing and makes the original Versa seem frumpy by comparison.

Both Versa sedan and Note wagon lead their respective entry-level categories in cabin space, but the Note's clever interior packaging gives it a clear advantage.

There's also the expected and expansive degree of head and legroom, along with comfortable, supportive seats that put some other entry-point cars to shame.

Like the sedan, the dash and door panels are on the plasticky side, but the fit and finish is generally solid and doesn't seem out of place on a vehicle that emphasizes a low base price.

Fuel-economy wise, the Note rates at 6.1 l/100 km in the city and 4.8 on the highway. Those numbers best the previous wagon's 7.2/5.7 numbers by a wide margin.

The CVT is unique in that it also has an auxiliary fixed-ratio gear. It functions at lower speeds to keep the engine from annoyingly buzzing at high revs while the car speeds up, which is a major CVT drawback.

Helping out fuel economy are grille shutters that automatically close at highway speeds and reduce aerodynamic drag by keeping air out of the engine compartment, thereby reducing the parachute effect.

Trim levels begin with the $15,000 1.6 S that, except for heated outside mirrors, is pretty plain.

The SV adds air conditioning, upgraded seats, hands-free Bluetooth wireless connectivity and other niceties, while the SL comes with heated front seats, push-button start and Nissan's "Around View Monitor" that shows a 360-degree depiction of the vehicle in relation to its surroundings.

The monitor might be useful for some, but it's not crucial for the neatly sized Nissan Note that's already a breeze to park and also places frugality and affordability high on its agenda, regardless of where you live.

The interior is simple, clever and spacey.

Compare

1 Honda Fit
Base price: $16,100

2 Chevrolet Sonic
Base price: $15,650

3 Hyundai Accent
Base price: $15,300

DRIVE

BMW's electric car lightens up with high fibre diet

Driving force. German giant's fully electric i3 is made of carbon fibre, which is stronger than steel but a lot lighter

JIL MCINTOSH
drive@metronews.ca

The more something weighs, the more energy it takes to move it. That's a major issue for automakers, who need to reduce the weight of vehicles to improve fuel economy while still making cars that can pass crash standards.

It's even more of an issue for electric cars, because extra weight reduces how far they can go on a charge. BMW recently unveiled its upcoming i3 electric vehicle, which is made entirely of lightweight materials, including carbon fibre reinforced plastic, or CFRP.

"Carbon fibre is based on acrylic fibre," says Jörg Pohlman, managing director of SGL Automotive Carbon Fibers, a joint venture with BMW. "We apply heat, which turns it into 95 per cent carbon, and four to five per cent nitrogen. The first process is oxidization, at 230 to 250 C, and then carbonization, at 800 to 1,400 C."

Carbon fibre is stronger than steel, and also much lighter. It's made up of thin strands that are usually woven into sheets, in much the same way that cotton is woven into fabric. However, BMW uses a method that "sews" the strands in parallel. "If it's woven, (the fibres are) bent a bit and we lose material properties," Pohlman says. "This allows the engineers to put the layers in a form for the specific component."

From there, the carbon fibre is impregnated with resin and cured with heat and pressure. BMW uses a special resin that cures faster than usual, taking minutes instead of hours, and allowing the pieces to be mass-produced.

Although carbon fibre components are ultra-light, they're also very costly. Up until now, the material has been primarily used in expensive sports cars, where its rigidity and weight improves the driving performance.

The i3 will start at $44,950 when it goes on sale in Canada next year. It uses CFRP for its modular passenger cell and roof, along with aluminum, which costs more than steel, for its chassis. But the trick to its mid-range price is the lithium-ion battery that powers its electric motor. Because the car weighs so little, the battery can be smaller and correspondingly cheaper. Since the battery is typically the most expensive component in an electric car, its lower price helps offset the cost of the car's high-tech construction.

Quoted

"We apply heat, which turns it into 95 per cent carbon, and four to five per cent nitrogen. The first process is oxidization, at 230 to 250 C, and then carbonization, at 800 to 1,400 C."

Jörg Pohlman, managing director of SGL Automotive Carbon Fibers, a joint venture with BMW

More on the i3

- **No rust.** The i3's outer panels are made of thermal plastic, and since none of its construction materials are corrosive, the car won't rust.
- **The roof.** The car's roof is made with carbon fibre offcuts left over from making the passenger cell.
- **In case of accident.** If the car crashes, damaged areas can be cut out and new carbon fibre plastic pieces glued in.

On display: The BMW i3 will go on sale in Canada next year and prices will start at $44,950. CONTRIBUTED

Parts Department

WHEELBASE MEDIA

Build your future car

It seems as though people can't get enough of the modified Delorean DMC 12 that was featured in the Back to the Future movie trilogy. Now iconic toy maker LEGO has gotten into the act with its version of the Delorean that's ready to assemble. All the appropriate gear is included, from the flux capacitor-modified engine and the working gull-wing doors, to the folding wheels and miniature Emmett "Doc" Brown and Marty McFly LEGO men. Along with complete instructions, a booklet that covers behind-the-scenes movie production notes and trivia is also included. The finished model is 13 centimetres long by eight centimetres wide by five centimetres tall. You can order one for $35 US from shop.lego.com.

Window display

If you have ever driven a vehicle (or a modern fighter jet) equipped with a head-up display (HUD) unit, you already know how handy it can be. Now GPS navigation specialist Garmin has devised a portable version that includes your current speed plus key info to guide you to your destination, such as turn-by-turn directions. Theoretically, the system should actually be safer than driving distracted while staring at your navigation screen. It works in conjunction with either a Garmin StreetPilot1 or NAVIGON app that you download to a smartphone. The information is projected onto a transparent film on your windshield or an attached reflector lens. And since it's not built-in, you can move the unit to any vehicle. The Garmin HUD sells for $150 US plus about $30 for the app. You can get all the details from buy.garmin.com

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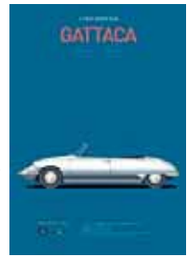
Installing aftermarket seat covers is a good way to protect your vehicle's interior against spills and general wear and tear. But the line of G.E.A.R. covers from Smittybilt will do a lot more than that. Each cover comes with a variety of specialized pockets, compartments and storage spots that allow you to keep your valuables safe and dry. Although designed primarily for the Jeep Wrangler, Smittybilt also makes universal-fit versions of its G.E.A.R. covers in a variety of colours, including camouflage. Each cover sells for $100-$150 US and can be purchased through several websites, including ebay.com. For a complete list of outlets you can check out smittybilt.com.

Poster car stars

Fascinated by a movie car? Then check out the collection of posters from Cars And Films of Seville, Spain, which contains many cars you would expect to find, such as James Bond's Aston Martin, the Cadillac "crash wagon" from Ghostbusters and the Back To The Future Delorean. There are also some lesser-known vehicles featured, such as Mr. Bean's Mini, the 1973 Chevelle from Drive, the VW Microbus from Little Miss Sunshine, the checker cab from Taxi Driver and the Citroën Cabriolet from Gattaca. There's even a poster of the Vespa Scooter ridden by Audrey Hepburn in Roman Holiday. Each digitally produced 40 by 30 centimetre poster sells for about $30 US and can be obtained through etsy.com/shop/carsandfilms. The store is closed until early September.



Sarah M. and her uncle **Tony R.**
Ford Employee Ford Retiree

Bill H. and his son **Greg H.**
Ford Retiree Ford Employee

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2013 FOCUS S

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Employee Price Adjustment	$620
Delivery Allowance	$250
Total Price Adjustments	$870

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WELL-EQUIPPED WITH: 2.0L 4-Cylinder Engine /// Active Grille Shutters /// Air Conditioning /// Remote Keyless Entry System **and much more.**

2013 ESCAPE S

6.3L/100km 45MPG HWY** / 9.5L/100km 30MPG CITY**

Total Price Adjustments	$995

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Platinum 4X4 model shown

2013 F-150 STX SUPERCAB

8.7L/100km 32MPG HWY** / 12.5L/100km 23MPG CITY**

Employee Price Adjustment	$2,301
Delivery Allowance	$6,750
Total Price Adjustments	$9,051

SHARE OUR EMPLOYEE PRICE **$23,328*** Offer excludes taxes.

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2013 **F-150** XLT SUPERCREW
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Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. †Ford Employee Pricing ("Employee Pricing") is available from July 3, 2013 to September 30, 2013 (the "Program Period"), on the purchase or lease of most new 2013/2014 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway/van body models; F-150 Raptor, Medium Trucks, Mustang Shelby GT500 and all Lincoln models). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CPP, Daily Rental Allowance and A/V/Z/D/F-Plan programs. ‡Until September 30, 2013, purchase a new 2013 Ford [Focus S/Escape S/ F-150 STX SuperCab 4x2/F-150 SuperCrew Platinum 4x4 5.0L] for [$16,809/$22,234/$23,328/$48,110] after total Ford Employee Price adjustment of [$870/$995/$9,051/$14,739] is deducted. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$620/$995/$2,301/$7,489] and delivery allowance of [$250/$0/$6,750/$7,250]. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include Freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. ** Until September 30, 2013, receive 1.99% APR purchase financing on new 2013 Focus S and 4.99% APR purchase financing on new Escape S models for a maximum of 84 months to qualified retail customers on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: 2013 [Focus S/Escape S] for [$16,809/$22,234] (after Total Price Adjustment is deducted Total Price Adjustment is a combination of Employee Price Adjustment [$620/$995] and Delivery Allowance [$250/$0]) or the finance rate of 1.99%/4.99% APR for 84 months equals [$99/$145] bi-weekly. Down payment of [$0/$0] and first payment of [$99/$145] bi-weekly required. Total obligation is [$17,364/$23,074]. Cost of borrowing is [$1,746/$4,714]. Offer includes $1,000 Loyalty & Conquest Customer Cash. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include Freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. *** Until September 30, 2013, lease a new 2013 F-150 SuperCrew XLT 4x4 model and get 2.99% APR for up to 36 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease the above model with a value of $30,940 at 2.99% APR for up to 36 months with [$350] down or equivalent trade in, monthly payment is [$399], total lease obligation is [$14,714], optional buyout is [$18,438]. Cost of leasing is [$2,188]. Offer includes $11,939 in Total Price Adjustments. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$4,689] and delivery allowance of [$7,250]. Taxes payable on full amount of lease financing price after any price adjustment is deducted. Offers include freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions apply. A charge of [16] cents per km over kilometrage restriction applies, plus applicable taxes. F-Series] — Estimated fuel consumption ratings for the 2013 Focus 2.0L I4 5-Speed Manual; Escape 2.5L I4 6-Speed Automatic; and F-150 4x2 3.7L V6 6-Speed Automatic. Fuel consumption ratings based on Transport Canada-approved test methods. Model shown is 2013 F-150 4x4 5.0L – V8: 15.1 L/100 km city and 10.7 L/100 km hwy. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ^When properly equipped. Max. payloads of 3,120 lbs/3,100 lbs with 5.0L Ti-VCT V8/3.5L V6 EcoBoost 4x2 engines. Max. horsepower of 411 and max. torque of 434 on F-150 6.2L V8 engine. Class is Full-Size Pickups under 8,500 lbs GVWR. ‡Offer only valid from August 1, 2013 to September 2, 2013 (the "Program Period") to Canadian resident customers who currently (during the Program Period) own or are leasing certain Ford Pickup Truck, Sport Utility Vehicle (SUV), Cross Over Utility Vehicle (CUV) or Minivan models (each a "Qualifying Conquest Model") and have done so for the consecutive six (6) months preceding the date of offer redemption. Qualifying customers will receive $1,000 (the "Incentive") towards the purchase or lease of the Eligible Vehicle, which must be delivered and/or factory-ordered from your participating Ford dealer during the Program Period. Limit one (1) Incentive per Eligible Vehicle sale, up to a maximum of two (2) separate Eligible Vehicle sales if valid proof is provided that the customer is the owner/lessee of two (2) separate Qualifying Conquest/Loyalty Models. Each customer will be required to provide proof of ownership/registration of the applicable Qualifying Conquest/Loyalty Model and the ownership/registration address must match the address on the new Buyer's Agreement or Lease Agreement for the Eligible Vehicle sale. Offer is transferable only to persons living in the same household as the eligible customer. This offer is not combinable with CPA, GPC, CPP, Daily Rental Allowances. Taxes payable before Incentive is deducted. See dealer for details. ^F-Series is the best-selling pickup truck in Canada for 47 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales report, December 2012. ©2013 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2013 Ford Motor Company of Canada, Limited. All rights reserved.

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THE I CAN'T BELIEVE THERE'S A CHANCE TO
WIN MY CIVIC∞
CANADA'S BEST-SELLING CAR 15 YEARS RUNNING**
EVERY WEEK IN AUGUST EVENT

WIN∞ A CIVIC A WEEK
Purchase, lease or finance any 2013 Civic between August 1st and September 3rd, and each week your Ontario Honda Dealers will give you the chance to win∞ your Civic. After you drive away in your new 2013 Civic, you're entered in every remaining draw. So the sooner you buy the more chances you have to win.

2013 CIVIC DX
LEASE OR FINANCE BI-WEEKLY FOR
$88@1.99% APR
$0 DOWN PAYMENT/OAC
MODEL FB2E2DEX
LEASE FOR 60 MONTHSΩ WITH $0 SECURITY DEPOSIT AND ALL-SEASON MATS INCLUDED.
FINANCE FOR 84 MONTHS†. $16,970 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.
BI-WEEKLY LEASE ONLY AVAILABLE ON 48 & 60 MONTH TERMS*
2013 IIHS TOP SAFETY PICK+ SMALL CARS
Best Resale Value Awards COMPACT CAR
PROUDLY PRODUCED IN ONTARIO

OR GET GREAT DEALS ON OTHER 2013 MODELS
The Honda Model CLEAROUT 2013
LEASE OR FINANCE STARTING FROM 0.99% APR
ON SELECT 2013 HONDA MODELS. LEASE FOR 24 MONTHSΩ OR FINANCE UP TO 48 MONTHS^.
OR GET UP TO $5000*
CASH INCENTIVES ON OTHER SELECT 2013 HONDA MODELS. MAXIMUM CASH INCENTIVE AVAILABLE ONLY ON 2013 PILOT MODELS.
HondaOntario.com
Ontario Honda Dealers
HONDA

∞No purchase necessary. Closes September 3, 2013 (10 p.m. ET). Open to Ontario residents (18+). Enter when you purchase, lease or finance a new previously unregistered 2013 Honda Civic from an Ontario Honda Dealer by September 3, 2013. Four prizes (one per week) available – each consisting of a cheque in the amount of the selling price (inclusive of applicable fees and taxes) of the eligible vehicle. Example: if a winner purchased, leased or financed a 2013 Civic DX Sedan 5MT [model FB2E2DEX], then his/her prize will consist of a cheque in the amount of $19,176 (calculated as $15,440 MSRP, plus applicable EHF tires [$29], EHF filters [$1], A/C levy [$100 except Civic DX], OMVIC fee [$5] and $2,206 taxes). Skill-testing question required. Non-winning eligible entries automatically carry forward to subsequent draws. Odds depend on number of eligible entries. Full rules (including no purchase entry details) at HondaOntario.com. ΩLimited time lease offers available through Honda Financial Services Inc., on approved credit. Representative bi-weekly lease example: based on a 2013 Honda Civic DX Sedan (Model FB2E2DEX) on a 60 month term with 130 bi-weekly payments at 1.99% lease APR. The bi-weekly payment is $87.61 [includes $1,495 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100 except Civic DX), OMVIC fee ($5) and optional accessories (all season floor mats with a retail value of $165.38)] with $0 down payment or equivalent trade-in, $0 security deposit and first bi-weekly payment due at lease inception. Total lease obligation is $11,389.11. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. *Bi-weekly lease available on all 2013 Honda models on 48 and 60-month terms only. †Limited time purchase finance offers available through Honda Financial Services Inc. (HFS), on approved credit. Representative bi-weekly finance examples: based on a 2013 Honda Civic DX Sedan (Model FB2E2DEX) on an 84 month term with 182 bi-weekly payments at 1.99% APR, $1,600 Finance incentive and $431 individual dealer contribution deducted from the negotiated selling price before taxes. Finance incentive applies only to Finance contracts through HFS. Finance incentive and individual dealer contribution can be combined with subvented rates of interest offered by Honda as part of a low rate interest program. Complete price of $16,970 [includes $1,495 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100 except Civic DX), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration]. Cost of borrowing is $1,077.28 for a total finance obligation of $16,016.28. $0 down payment required based on approved credit from Honda Financial Services Inc. µLimited time 0.99% APR lease offers on a new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda CR-Z // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) for a maximum of 24 // 24 // 24 // 24 // 36 months available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 24 month term at 0.99% lease APR, the monthly payment is $481.93 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100), and OMVIC fee ($5)] with $0 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $11,566.32. 48,000-kilometre allowance; charge of $0.12/km for excess kilometres. ^Receive 0.99% purchase financing on any new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda CR-Z // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) models for a maximum of 24 // 48 // 24 // 24 // 48 months available through Honda Financial Services Inc., on approved credit. Representative finance example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 48 month term at 0.99% APR and complete price of $27,765 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100) and OMVIC fee ($5). Excludes taxes, license, insurance, and registration], the monthly payment is $590.20. Cost of borrowing is $564.60 for a total finance obligation of $28,329.60. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. •$500 // $1,500 // $2,000 // $1,500 // $3,500 // $2,000 // $2,500 // $4,000 // $5,000 // $3,000 customer cash incentive is valid on any new 2013 Honda Fit (except DX, model GE8G2DEX) // 2013 Honda Civic Coupe and Sedan (except DX Sedan, model FB2E2DEX) // 2013 Honda Accord Coupe // 2013 Honda Accord Sedan (except LX Sedan 6MT, model CR2E3DE) // 2013 Honda Crosstour EX 2WD and EX-L 2WD (models TF3H3DJ, TF3H5DJNX) // 2013 Honda Crosstour EX-L 4WD and EX-L 4WD NAVI (models TF2H5DJNX, TF2H5DKNX) // 2013 Honda CR-V (except LX 2WD, model RM3H3DES) // 2013 Honda Odyssey // 2013 Honda Pilot // 2013 Honda Ridgeline models when registered and delivered between August 1st and September 3rd, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PPSA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2012.

Cadillac concept could be a contender

Autopilot. Big brands like BMW, Mercedes and Audi need to take note of this visually pleasing and clever new model

AUTO PILOT
Mike Goetz
drive@metronews.ca

Concept car., the Cadillac Elmiraj has a sleek, stunning look to it and could challenge the likes of Audi, Mercedes and BMW. OTH IMAGES GM

The interior of the Elmiraj is unusual and futuristic.

It's the Cadillac of Cadillacs, so to speak.

The new Elmiraj concept unveiled by Cadillac last weekend in Carmel, Calif., during Pebble Beach Car Week, points to a new styling direction for the luxury brand, and represents another step on its path to add a new, range-topping level to its model line-up hierarchy.

The Cadillac renaissance of late can be attributed to the introduction of great, distinctive cars, but also to aligning them more directly to the German luxury competition.

For example, the CTS matches up perfectly against BMW 5 Series, Mercedes-Benz E Class, and Audi A6, while the new ATS matches up perfectly against the 3 Series, C Class and A4. So Cadillac is working on a new, big rear-drive platform that will spawn a contender to compete directly with the 7 Series, S Class and A8.

That big new Cadillac sedan is expected to show up sometime in 2015. The Elmiraj styling concept is a vision of a possible two-door coupe based on that new platform.

Elmiraj looks pretty cool to me. I've always loved "luxury coupes," even though I rarely shop for them due to bank account fluctuations beyond my control.

There's just something about a big car with just two doors — the heroic proportions, the assumption of a mega-engine, the statement it makes about the driver, something like, "yes, there could be luxurious seats in the back for other people, but I'm not into that as much as I am into style and performance… you people will just have to make do."

Style tends to be exaggerated on concept cars, but Elmiraj exudes a clean and mature vibe, which Cadillac said would be incorporated into future Cadillacs.

Under the hood is a 4.5-litre twin-turbocharged V8 delivering an estimated 500 hp. The V8 is noteworthy for sharing the same technology as the new twin-turbo V6 in the upcoming 420-hp CTS Vsport edition. Elmiraj also sports the new Vsport badge, which denotes it as an above-average Cadillac sporting machine, but one slot less hot than V-Series editions.

The interior is noteworthy for its use of "fallen" Brazilian Rosewood veneer. Brazilian Rosewood is hard to come by but is highly prized as a fingerboard and tone wood for guitars. Elmiraj also debuts a new Cadillac crest. As the car, Cadillac says the new crest is just a concept, but an update is coming for sure. This version has no "wreath" around the shield, and the shield is flattened and streamlined.

A production-ready Elmiraj and a sedan counterpart will be great news for Cadillac and for Cadillac aficionados, but some aficionados want Cadillac to go even higher, to build an epic "flagship" model that could stand toe-to-toe with any flagship on the planet, like it used to do back in the day, which means back in the 1920s and 1930s. I say let's just get a big grand coupe built something close to what this Elmiraj looks like right now. That would be epic enough.

Cadillac Elmiraj Concept

- Four-passenger, two-door "Grand" coupe
- More than 17-feet long
- Functional engine hood vents
- 500-hp 4.5-litre Twin Turbo V8 powering rear wheels
- 22-inch aluminum wheels with ceramic brakes
- Rear bucket seats that slide and recline
- 10-inch info screen behind transparent analog speedo and tach

With prices this small, open the door to summer.

2013 Jetta

Sedan

Own it from

$97 bi-weekly for 84 months*

1.9% APR **$0** down payment

Freight and PDI included

2013 Tiguan

Compact SUV

Up to

$3,000 cash savings**

That's the value of German Engineering.
Offers end September 3, 2013.

Das Auto.

1-800 DRIVE VW

vw.ca

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit. MSRP of $14,990 for a new and unregistered 2013 Jetta 2.0L base model with 5-speed manual transmission, plus $1,395 freight and PDI, financed at 1.9% APR for 84 months equals 182 bi-weekly payments of $97. Down payment due at signing. Cost of borrowing is $1,127 for a total obligation of $17,512. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Limited time cash discount on purchase of a new and unregistered 2013 Tiguan 4MOTION® Trendline model with 6-speed automatic transmission, to be applied against the final negotiated price before taxes. Dealer may sell for less. Dealer order/trade may be necessary. Offers end September 3, 2013 and are subject to change or cancellation without notice. Models shown: 2013 Jetta 2.5L Highline / Tiguan 2.0T Highline R-Line, with options and accessories, $24,590/$41,125. Vehicles may not be exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "4MOTION", "Jetta" and "Tiguan" are registered trademarks of Volkswagen AG. © 2013 Volkswagen Canada.

TRADE IN TRADE UP

SUMMER CLEAROUT EVENT

TRADE UP TO 59 MPG HWY
4.8 L/100 KM[a]

GREAT LEASE OFFERS AVAILABLE

2013 Dodge Dart GT shown.[5]

ALL-NEW 2013 DODGE DART SE
THE MOST TECHNOLOGICALLY ADVANCED COMPACT CAR**

2013 IIHS TOP SAFETY PICK

10 WARD'S Best Interiors

LEASE FOR **$99** BI-WEEKLY♦ @ **4.99%** FOR 60 MONTHS WITH $2,470 DOWN

OR

PURCHASE FOR **$16,995**• AND GET **0%** FINANCING◊ FOR 36 MONTHS

PURCHASE PRICE INCLUDES FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

AVAILABLE FEATURES

TECHNOLOGY
- 8.4-INCH TOUCH-SCREEN DISPLAY
- 7-INCH RECONFIGURABLE TFT DISPLAY

SAFETY
- 10 AIR BAGS, 4-WHEEL ABS DISC BRAKES
- ELECTRONIC STABILITY CONTROL

EFFICIENCY
- EXCELLENT FUEL ECONOMY – UP TO 59 MPG HWY (4.8 L/100 KM[a])
- POWERFUL, FUEL-EFFICIENT 2.0 L 160 HP TIGERSHARK™ ENGINE

THE 'DART CHART' SAYS IT ALL

	2013 DODGE DART	2013 CIVIC◊	2013 ELANTRA◊	2013 COROLLA◊	2013 FOCUS◊
BEST AVAILABLE HIGHWAY FUEL ECONOMY[a]	59 MPG	56 MPG	5 4 MPG	50 MPG	59 MPG
STANDARD AIR BAGS	10	6	6	6	7
LARGEST AVAILABLE TOUCH-SCREEN DISPLAY	8.4 INCHES	< 7 INCHES	< 7 INCHES	< 7 INCHES	8 INCHES
TOTAL PASSENGER ROOM (L)	2752.4	2678.0	2707.0	2568.0	2568.0
4-WHEEL DISC BRAKES	STD	AVAIL	STD	N/A	AVAIL
7-INCH TFT DISPLAY	AVAIL	N/A	N/A	N/A	N/A
PROJECTOR HEADLAMPS	STD	N/A	N/A	N/A	AVAIL

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

dodge.ca/dart

CHRYSLER Jeep

LESS FUEL. MORE POWER. GREAT VALUE.
10 VEHICLES WITH 40 MPG HWY OR BETTER.

DODGE RAM

Less Fuel. More Power. Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. ◇2013 Dodge Dart AERO – Hwy: 4.8 L/100 km (59 MPG) and City: 7.3 L/100 km (39 MPG). 2013 Civic Touring 1.8 L 16-valve, SOHC, i-VTEC® 4-cylinder Automatic – Hwy: 5.0 L/100 km (56 MPG) and City: 6.2 L/100 km (45 MPG). 2013 Elantra L 1.8 L Dual CVVT DOHC 16V Engine Automatic – Hwy: 5.2 L/100 km (54 MPG) and City: 7.2 L/100 km (39 MPG). 2013 Corolla 1.8 L 4-Cylinder DOHC 16V VVT-i DIS ETCS-I Engine Manual – Hwy: 5.6 L/100 km (50 MPG) and City: 7.4 L/100 km (38 MPG). 2013 Focus SE with optional Super Fuel Economy package and 2.0 L I4 Direct Injection engine with 6-speed automatic– Hwy: 4.8 L/100 km (59 MPG) and City: 7.2 L/100 km (39 MPG). Wise customers read the fine print: ♦, •, †, § The Trade In Trade Up Summer Clearout Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after July 11, 2013. Offers subject to change and may be extended without notice. All pricing includes freight ($1,595 – $1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. ♦4.99% lease financing of up to 60 months available on approved credit through WS Leasing Ltd. (a wholly owned subsidiary of Westminster Savings Credit Union) to qualified customers on applicable new 2012, 2013 and 2014 models at participating retailers in Ontario, New Brunswick, Newfoundland and Labrador, Nova Scotia and Prince Edward Island. Retailer order/trade may be necessary. Retailer may lease for less. See your retailer for complete details. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $16,575 leased at 4.99% over 60 months with $2,470 down payment, equals 130 bi-weekly payments of $99 with a cost of borrowing of $2,893.70 and a total obligation of $14,614.60. 22,000 kilometre/year allowance. Charge of $0.18 per excess kilometre. Some conditions apply. •$16,995 Purchase Price applies to the new 2013 Dodge Dart SE (25A) only. †0% purchase financing for up to 36 months available on new 2013 Jeep Compass, Patriot, Dodge Dart, FIAT 500 and 2014 FIAT 500L models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $16,995, with a $0 down payment, financed at 0% for 36 months equals 78 bi-weekly payments of $217.88 with a cost of borrowing of $0 and a total obligation of $16,995. §2013 Dodge Dart GT shown. Late Availability. **Based on 2013 *Ward's* upper small sedan costing under $25,000. ◊Competitors' information obtained from Autodata, EnerGuide Canada and manufacturer's website as of July 26, 2013. ®Jeep is a registered trademark of Chrysler Group LLC. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.**

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

Horoscopes

♈ Aries
March 21 - April 20
The more others say nice things about you today, the more suspicious you will be — and with good reason. The full moon warns you would be wise to trust no one except for yourself, of course.

♉ Taurus
April 21 - May 21
Try to be reasonable with people today, even when almost everyone you meet is unreasonable with you. It's simply not worth the hassle getting upset about things everyone will have forgotten about come tomorrow.

♊ Gemini
May 22 - June 21
Changes may be good for you but that does not mean you must change things for the sake of it. Sometimes even a Gemini has to sit back and wait for events to unfold.

♋ Cancer
June 22 - July 23
Make an effort to put your feelings into words over the next 24 hours because someone close needs to know you still care for them. With luck, they will respond by reassuring you of their love too.

♌ Leo
July 24 - Aug. 23
You may not enjoy what you have to do today but it will be easier to handle if you approach it in the right frame of mind. Enthusiasm and attitude are everything.

♍ Virgo
Aug. 24 - Sept. 23
Why do you feel so stressed? Almost certainly it is the influence of the full moon but the good news is that tomorrow you will be fine.

♎ Libra
Sept. 24 - Oct. 23
Try not to worry yourself about little things today. For some reason, you are in one of those strange moods when minor events that go wrong annoy you more than major events that go right please you.

♏ Scorpio
Oct. 24 - Nov. 22
You could find yourself bouncing back and forth between one extreme and the other. For that reason, you are advised not to make any major decisions. You'll only change them tomorrow.

♐ Sagittarius
Nov. 23 - Dec. 21
You seem to believe that you have left something undone, something that may get you into trouble. Maybe you have and maybe it will, but is it really worth wasting the day fretting about? Forget about it.

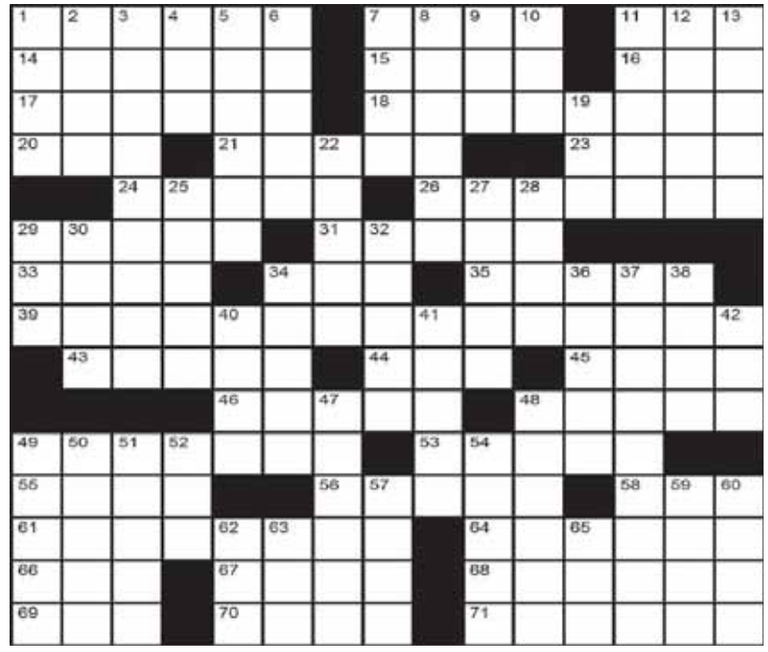
♑ Capricorn
Dec. 22 - Jan. 20
Although you are generally good with money, you will be tempted to do something outrageously risky today. Leave your credit cards at home and carry a small amount of cash.

♒ Aquarius
Jan. 21 - Feb. 19
You will be more emotional than usual over the next 24 hours. If you find yourself screaming at people you usually get along with, don't worry about it. You can always apologize tomorrow.

♓ Pisces
Feb. 20 - March 20
Old ways are often best. Don't give up on existing methods and routines, at least not until you are certain you have found something better to replace them with. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Baroque painter, b.1577 - d.1640
7. Shrek's species
11. Tragically Hip's "Fifty-Mission __"
14. 2002 Atom Egoyan film
15. Actress, Soleil Moon __
16. "Giddy up!"
17. Upper House of Parliament
18. Canadian dairy products brand
20. Stenographer's need
21. Swiftness
23. Emerald __
24. Weighing apparatus
26. Roller __
29. Composer, George M. __
31. Has _ __ streak (Is nasty)
33. Lucy Liu's 'Kill Bill' role, _-__ Ishii
34. Edgar Allan __
35. Mouthwash brand
39. At-a-distance countryside activity: 2 wds.
43. Get there by air: 2 wds.
44. Lively parties
45. Ravel's "Ma Mere _'__" (Mother Goose)
46. __ _ _ _ added (Restaurant declaration)
48. Actress Ms. Rowlands, and others
49. Singer Gwen
53. Join
55. At the drop of _ __ (Fast)
56. Be reluctant
58. Montreal summer
61. Disappoints: 2 wds.
64. __ wheel
66. Floral necklace
67. "_ __ a wonderful time."
68. Spa staples
69. Tel. line in the office
70. Mr. Orbison's
71. Could be tomorrow or...: 2 wds.

Down
1. Grate
2. Stuff in fertilizer
3. Concert-in-a-park venue
4. Prohibition __
5. Toronto's __ Phillips Square
6. Rob
7. "The Pride __ __. Louis" (1952)
8. Athens locale
9. Shag rug kind
10. Tube-shaped fish
11. Treasures-storing box
12. Grocery store clean up spot
13. Mr. Fonda
19. Poetic contraction
22. Al Pacino/Ellen Barkin movie, "__ __ Love" (1989)
25. Cotton __
27. "Champagne Supernova" band
28. 'Resist' suffix
29. Farm animal
30. "..._ __ all else fails..."
32. Fitting rewards, archaically
34. Attach, as a brooch: 2 wds.
36. Baby barn bird
37. Was a trail blazer
38. "Orinoco Flow" singer
40. Filmmaker Ms. Wertmuller
41. Madonna hit
42. Some stoves
47. Fairgrounds section
48. Book of Judges judge
49. Room: French
50. Canadian National Exhibition, aka __ __ (Toronto's annual summer fair)
51. 'Weird Al' Yankovic spoof hit: 2 wds.
52. Alberta's McMurray, et al.
54. Can.-US-Mex. pact
57. Boxing periods, for short
59. Ms. Tequila
60. Swedish actress Ms. Persson
62. Steven Spielberg, e.g.
63. "Wow!"
65. 'R' in CPR, for short (Choo, choo...)

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	1		8		4	3		
	2			1	5			
		6					5	
		8			1			7
2								4
9			5			2		
	7					9		
			6	9			3	
		9	3		8		6	

Yesterday's Sudoku

7	4	8	1	6	3	2	5	9
6	3	2	9	5	8	7	4	1
1	9	5	4	2	7	8	6	3
4	7	1	2	8	6	9	3	5
9	2	3	5	7	1	4	8	6
8	5	6	3	9	4	1	7	2
3	1	7	6	4	9	5	2	8
5	6	4	8	1	2	3	9	7
2	8	9	7	3	5	6	1	4

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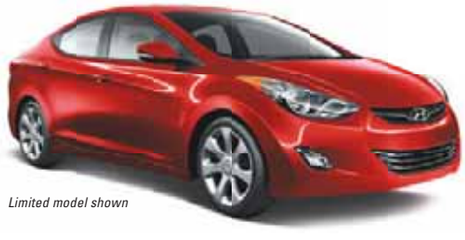
2012 BEST NEW SMALL CAR (UNDER $21K)
Automobile Journalists Association of Canada

GLS model shown

2012 CANADIAN AND NORTH AMERICAN CAR OF THE YEAR
Automobile Journalists Association of Canada



Limited model shown

2013 ELANTRA GL

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CITY: 10.1L/100 KM▼

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OR

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NO MONEY DOWN

2013 CANADIAN UTILITY VEHICLE OF THE YEAR
Automobile Journalists Association of Canada

Limited model shown

5 YEAR WARRANTY

5-year/100,000 km Comprehensive Limited Warranty††
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

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℠The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Accent 5 Door GL 6-Speed Manual/Elantra GL 6-Speed Manual/Santa Fe Sport 2.4L FWD Auto with an annual finance rate of 0%/0%/0.99% for 96 months. Bi-weekly payments are $83/$92/$139. No down payment required. Cost of Borrowing is $0/$0/$1,131. Finance offers include Delivery and Destination of $1,550/$1,550/$1,760 fees, levies, and all applicable charges (excluding HST). Finance Offers exclude registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2013 Elantra GL 6-Speed Manual for $19,285 (includes $750 price adjustment) at 0% per annum equals $92 bi-weekly for 96 months for a total obligation of $19,285. Cash price is $19,285. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,550 fees, levies, and all applicable charges (excluding HST). Finance example excludes registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ▼Fuel consumption for 2013 Accent 5 Door GL 6-Speed Manual (HWY 5.3L/100KM; City 7.1L/100KM)/ Elantra GL 6-Speed Manual (HWY 5.2L/100KM; City 7.1L/100KM)/ Santa Fe Sport 2.4L FWD Auto (HWY 6.7L/100KM, City 10.1L/100KM) are based on Energuide. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ♦Price of models shown: 2013 Accent 5 Door GLS 6-Speed Manual/ Elantra Limited/ Santa Fe Sport 2.0T Limited AWD are $19,385/$24,985/$40,395. Prices include Delivery and Destination charges of $1,550/$1,550/$1,760 fees, levies, and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. ΩPrice adjustments are calculated against the vehicle's starting price. Price adjustments of up to $200/$750/$500 available on 2013 Accent 5 Door GL 6-Speed Manual/Elantra GL 6-Speed Manual/ Santa Fe Sport 2.4L FWD Auto. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †Ω♦Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

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